



Alpha Epsilon Delta

The Pennsylvania State University

GBM #4

Monday, March 16



Alpha Epsilon Delta

The Pennsylvania State University

Teams:

Code: 6dwzzwj



GroupMe:



**GBM
#4**

Monday, March 16



B.S. in Mathematics |
Penn State University

Doctor of Optometry |
Pennsylvania College of
Optometry

Allegra Inciardi, O.D.

Doctor of Optometry at Nittany Eye Associates

Membership

Membership Status

AED Email:

psuaedsecretary@gmail.com

For any questions regarding membership status, please reach out to Sophia! 😊

Website: aedpsu.com

Insta: [@aedpsu](https://www.instagram.com/aedpsu)

The screenshot shows the Alpha Epsilon Delta website interface. The navigation menu includes Home, About, What We Do, Member Resources (highlighted with a red box), Alumni Network, and More. A dropdown menu from Member Resources shows options: Calendar, Membership Documents, Membership Status (circled in red), and Meeting PowerPoints. The main content area displays a spreadsheet titled "Membership Points 2025" for "Spring 2025 Membership". The spreadsheet has columns for Name, PSU EMAIL, and Meetings (Meeting 1 through Meeting 5). The data rows list members such as Kevin Tian, Jame Mooney, Sophia Meets, Charvi Patel, Jason Norwick, Reese Petrosky, Bailey McLaughlin, Morgan Kelley, and Laura Cooney with their corresponding PSU email addresses.

	A	B	C	D	E	F	G
1		PSU EMAIL	Meetings				
2							
3	Name	ex. abc1234	Meeting 1	Meeting 2	Meeting 3	Meeting 4	Meeting 5
4	Kevin Tian	km6125@psu.edu					
5	Jame Mooney	jm8098@psu.edu					
6	Sophia Meets	sam7831@psu.edu					
7	Charvi Patel	cdp6456@psu.edu					
8	Jason Norwick	jn5550@psu.edu					
9	Reese Petrosky	Rbp5438@psu.edu					
10	Bailey McLaughlin	bam6508@psu.edu					
11	Morgan Kelley	muk9305@psu.edu					
12	Laura Cooney	lmc6418@psu.edu					

Executive Board Requirements | Spring 2026

Eligibility Requirements

1. **Undergraduate Education:** Must have completed at least 3 semesters of undergraduate education
2. **Distinguished Membership:** Must have received at least 2 semesters of Distinguished Membership
3. **National Induction:** Must be nationally inducted or on track for national induction

Additional Requirements

4. Must attend info session/meet with a current executive member
5. Must deliver a 1-3 minute election speech

Flexible within reason. Email Kevin (kmt612@psu.edu) with questions!

26-27 Executive Director Interest Form



[LINK](#)

Anonymous AED Feedback



[LINK](#)

Appendix Section

Check out additional resources, opportunities, and more in our **“Appendix”** section at the end of this PowerPoint!

Public Health Update

Measles and Mumps - On the Rise

- Over 1,300 confirmed measles cases this year in the U.S.
 - Highly contagious, spreads through the air
 - **Begins with cold-like symptoms (fever, cough, runny nose), followed by a rash**
- 26 cases of mumps recorded this year - 34 cases internationally
 - Spreads through direct contact with saliva or respiratory droplets
 - **Causes puffy cheeks, a swollen jaw, fever, and headache**
- *Why?*
 - Cases primarily rising due to declining vaccination rates and increased international travel
- Vaccination reduces measles risk by 97% and mumps risk by 86%!



Service

Centre County PAWS Donation Drive

Help make an impact in the lives of the dogs and cats at Centre County PAWS!

- Collecting new or gently-used items
 - Refer to the [PAWS Wish List](#) for more information regarding what items they are looking for



Bring any donations to following GBMs or stop by during office hours to drop them off

1 service point per donation

Centre County PAWS Volunteering

Positions with Animals: Dog/Cat care, adoption helper, line, mentor, shift leader, adoption counselor, and cat pet partner

Positions with Little/No Animal Interactions: front desk, landscaping, marketing, facilities

Requirements:

- Be 13+ years old and minimum 1-year commitment
Complete the [Volunteer Application](#)
- Attend a training session
- Sign Code of Conduct Form and Liability Waiver

Website: [Centre County PAWS](#)

Email: volunteer@centrecountypaws.org

Service Points Submission: [LINK](#)

Health Expo Volunteering | 03/23-24

- Help out with the Health Expo during info sessions (03/23) or during the fair (03/24) and get a chance to network with the [55+ participating health professional schools and programs!](#)
- Volunteer time slots, corresponding roles, and check in info can be found on the sign up sheet!
- If AED has at least 3 volunteers working for at least 1 hour each, the Pre-health Office will provide a set of test prep materials that will be raffled off to volunteers!

1 Service Point Per Hour

Send proof of attendance to jlm8089@psu.edu.



Sign Up Here: [LINK](#)

Baseball Dollar Dog Night Volunteer

Dollar Dog Dates:

- **Tuesday, March 24 @ 5:30** vs. St. Bonaventure
- **Wednesday, April 1 @ 5:30** vs UCF
- **Tuesday, April 7 @ 5:30** vs FDU
- **Tuesday, April 21 @ 5:30** vs Bucknell

Reach out to Jamie (jlm8089@psu.edu) if you're interesting in setting up a group to volunteer for any shift(s)!

2 service points per shift

Volunteering Details

- Help assist behind the counter to roll hot dogs.
- **4-5 volunteers** for each 2-hour shift
 - 2-4 PM, 4-6 PM, or 6-8 PM Pre-Game and In-Game.
- AED will receive **\$150** if we stay for the duration of the event!

Suicide Prevention Walk | Sunday, 04/26

ASFP out of the Darkness Walk

Date: Sunday, April 26

Time: 11-1 PM

Location: Meet at HUB Lawn

Register Here: [LINK](#)

3 Service Points for Walking

*Additional service opportunities coming later.

Email

afspennstate@gmail.com with any questions.

Join us for Penn State's Third Out of the Darkness Walk!

April 26th 2026 on the HUB Lawn from 11 AM to 1 PM!

The money goes to...

- Improving interventions!
- Training clinicians in suicide prevention!
- Advocating for policy that will save lives!

As a club, we...
meet every other Wednesday at 7:00 PM in Thomas 121 as a community of students who aim to reduce stigma and advocate for those impacted by suicide!

Scan to register for our walk!

Scan to join our GroupMe!

American Foundation for Suicide Prevention

Email us at afspennstate@gmail.com!

PSCOMxYMCA: Fighting Food Insecurity

Long-Term Service Opportunity

- **D&T:** Tuesdays | 7:30-10 PM
- **Location:** Rear Wagner Bldg. (CrossFit)
- **Details:** AED, PSCOM, the YMCA Anti-Hunger Program, and others are partnering to address **local food insecurity!**

2 Service Points | Send proof of attendance to **Jamie Mooney** (jlm8089@psu.edu).



[SignUp Genius](#)

Professional Development

Health Expo 101 | Tuesday, 03/17

Expo Ready: Insider Tips and Student Panel

Hear directly from students who have successfully navigated the Expo in past years. They'll share advice, lessons learned, and what they wish they knew beforehand.

Date: Tuesday, March 17th

Time: 6:30 PM

Location: Osmond 117

1 Activity Point

Check in with Kevin when you arrive for your point.

Autoimmune Disease Panel | Sunday, 03/22

Beyond Diagnosis: Stories of Strength

Date: Sunday, March 22

Time: 1:30 PM

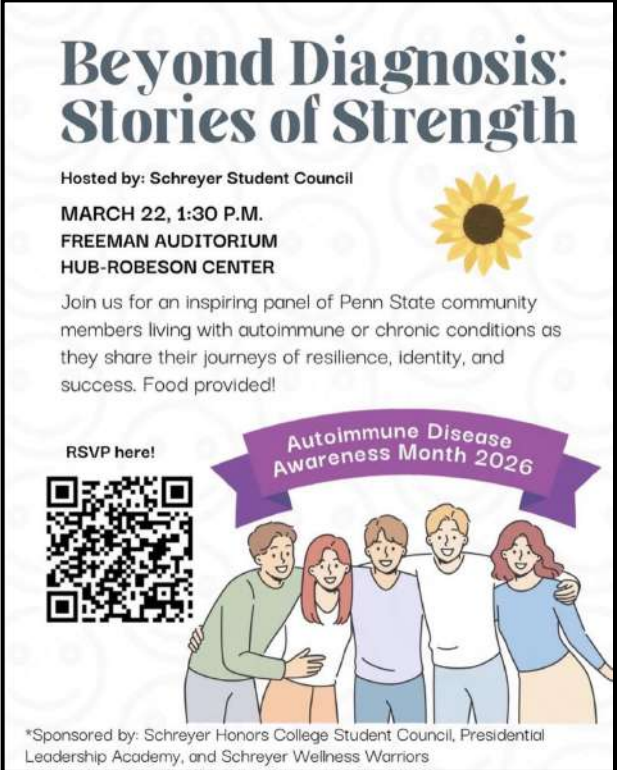
Location: Freeman Aud. (HUB)

Details: SCH StuCo, PLA, and SHC Wellness Warriors host panelists living with autoimmune or chronic conditions for **Autoimmune Disease Awareness Month**. Food will be provided.

RSVP Here: [LINK](#)

1 Activity Point

Send proof of attendance to Kevin
kmt6125@psu.edu.




**Beyond Diagnosis:
Stories of Strength**

Hosted by: Schreyer Student Council

MARCH 22, 1:30 P.M.
FREEMAN AUDITORIUM
HUB-ROBESON CENTER

Join us for an inspiring panel of Penn State community members living with autoimmune or chronic conditions as they share their journeys of resilience, identity, and success. Food provided!

RSVP here!



Autoimmune Disease Awareness Month 2026

*Sponsored by: Schreyer Honors College Student Council, Presidential Leadership Academy, and Schreyer Wellness Warriors

AI in Bio & Med Panel | Monday, 03/23

NAiSS x Bio & Med Mixer

Date: Monday, March 23

Time: 6-7:30 PM

Location: ECoRE 028

Details: NAiSS is hosting **four speakers** who work with AI in research to discuss the future of AI in healthcare, research, and biology. Food will be provided.

RSVP Here: [LINK](#)

1 Activity Point

Send proof of attendance to Kevin kmt6125@psu.edu.

**NAiSS x
BIO & MED
MIXER**

FREE ENTRY

Curious how AI is transforming healthcare, research, and biology? This event is designed for biology and med-focused students ready to explore what's next for their field! Get ready for an exciting session with **four inspiring speakers** who work directly with AI in real research settings. Enjoy **free food**, meet new people, and discover how your future might connect with the world of AI.

RSVP!

ECoRE 028
Monday, March 23 | 6:00-7:30 PM

Health Professions Expo | Monday, 03/23

Health Expo: Workshop Sessions

Dates: Monday, March 23rd

Location: Willard Bldg.

Time: 4:30-8 PM

Details: Special focus sessions will provide in-depth admissions insights and allow for focused Q&A in a smaller setting.

1 Activity Point Per Workshop

Send proof of attendance to Kevin

kmt6125@psu.edu.

Concurrent Sessions | Monday, March 23

SPONSORS

4:30-5:00 PM

Temple CST Postbacc – 73 Willard

MCAT Kaplan Prep – 258 Willard

5:00-5:30 PM

Edward Via College of Osteopathic Medicine (VCOM) – 60 Willard

Carlow University – 273 Willard

5:30-6:00 PM

Lewis Katz School of Medicine at Temple University – 62 Willard

MCAT Kaplan Prep – 258 Willard

6:00-6:30 PM

Philadelphia College of Osteopathic Medicine – 60 Willard

Temple CST Postbacc – 73 Willard

Northeastern University | Bouve College of Health Sciences – 273 Willard

6:30-7:00 PM

University of Vermont | Robert Larner College of Medicine – 62 Willard

Palmer College of Chiropractic – 260 Willard

7:00-6:30 PM

Touro College of Osteopathic Medicine – 60 Willard

St. Joseph's University – 273 Willard

7:30-8:00 PM

Penn State College of Medicine | PSCOM Programs – 62 Willard

Health Professions Expo | Tuesday, 03/24

2026 Health Professions Expo

Dates: Tuesday, March 24th

Location: Alumni & Heritage Hall (HUB)

Time: 10 AM - 2 PM

Details: Explore options for clinical experience, research, volunteering, professional development and connect with admissions representatives from health professional schools. The expo is open to any pre-health student!

More Info: [LINK](#)

2 Activity Points

Send proof of attendance to Kevin (kmt6125@psu.edu).



Visit both Halls for a chance to win 1 of 16 prizes!

15 \$10 Dunkin' Gift Cards

\$50 Penn State Bookstore Gift Card

Food will be served Monday evening.



Schreyer Honors College Application

1st- and 2nd-Year SHC Application

Eligibility Criteria

- Two semesters completed + three semesters remaining
- Cumulative GPA of 3.70 or higher
- Application semester GPA of 3.50 or higher

Application Opens: Wednesday, April 1st

Deadline: Friday, May 15th

More Info: [LINK](#)



ECoS Career Seminar | Thursday, 04/09

Navigating Career Progression Seminar

Date: Thursday, April 9

Time: 10:15-11:15 AM

Location: Benkovic Bldg. 301A

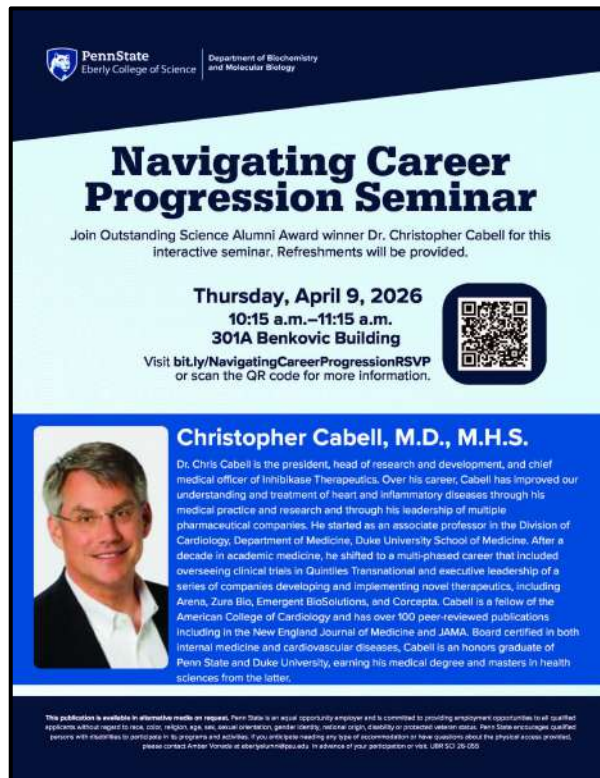
Details: ECoS is hosting **Dr. Christopher Cabell** for an interactive seminar on career opportunities post-graduation. Dr. Cabell is the Head of R&D and Chief Medical Officer of Inhibikase Therapeutics.

RSVP Here: [LINK](#)

1 Activity Point

Send proof of attendance to Kevin

kmt6125@psu.edu.



The poster is for a seminar titled "Navigating Career Progression Seminar" held on Thursday, April 9, 2026, from 10:15 a.m. to 11:15 a.m. in the 301A Benkovic Building. It features a portrait of Dr. Christopher Cabell, M.D., M.H.S., who is the president, head of research and development, and chief medical officer of Inhibikase Therapeutics. The poster also includes a QR code for more information and a link to the RSVP page: bit.ly/NavigatingCareerProgressionRSVP. The Penn State Eberly College of Science and Department of Biochemistry and Molecular Biology logos are at the top.


PennState
Eberly College of Science | Department of Biochemistry
and Molecular Biology

Navigating Career Progression Seminar

Join Outstanding Science Alumni Award winner Dr. Christopher Cabell for this interactive seminar. Refreshments will be provided.

Thursday, April 9, 2026
10:15 a.m.–11:15 a.m.
301A Benkovic Building

Visit bit.ly/NavigatingCareerProgressionRSVP
or scan the QR code for more information.



Christopher Cabell, M.D., M.H.S.

Dr. Chris Cabell is the president, head of research and development, and chief medical officer of Inhibikase Therapeutics. Over his career, Cabell has improved our understanding and treatment of heart and inflammatory diseases through his medical practice and research and through his leadership of multiple pharmaceutical companies. He started as an associate professor in the Division of Cardiology, Department of Medicine, Duke University School of Medicine. After a decade in academic medicine, he shifted to a multi-phased career that included overseeing clinical trials in Quintiles Transnational and executive leadership of a series of companies developing and implementing novel therapeutics, including Arena, Zura Bio, Emergent BioSolutions, and Corcepta. Cabell is a fellow of the American College of Cardiology and has over 100 peer-reviewed publications including in the New England Journal of Medicine and JAMA. Board certified in both internal medicine and cardiovascular diseases, Cabell is an honors graduate of Penn State and Duke University, earning his medical degree and masters in health sciences from the latter.

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CapYear Clinical Job Opportunities

Medical Assistant Certification: An online medical assistant training program designed to lower the barriers to medical assistant certification for pre-health students. The program is online and on your time. Use code **PSU200** for \$200 off.

Clinical Job Board: Features a clinical opportunities for pre-med and pre-PA college graduates. Most of them are full-time medical assistant positions!

More Info: [LINK](#)



AED Honeygrow Fundraiser | Monday, 03/23

AED Honeygrow Fundraiser

Date: Monday, March 23

Time: 10:30 AM - 10:00 PM


Location: 160 E. Beaver Ave.

Details: Use code **GIVE179** or mention **AED** at check-out.


RSVP Here: [LINK](#)

1 Activity Point


Send proof of attendance to Sarah (srv5241@psu.edu).



honeygrow




Use promo code **GIVE179** on the honeygrow app, at honeygrow.com, or in-store at the kiosk before checking out.



10:30 AM - 10:00 PM
Monday, March 23rd

we'll donate 20% of all orders placed by supporters to your organization.



Diversity in Healthcare Task Force (DHT)

DHT: Solution Phase | Sunday, 03/22

If you opted into the Solution Phase, then you should have received an email from Eliana with your team assignment and instructions.

As a reminder you should **currently** be working with your team to develop a proposal to present on:

Sunday, March 22, 1-4 PM in HUB 233A

Email egg5192@psu.edu if you have questions/concerns with your group.

2 DHT Points. Best of luck!

***FYI: THANK YOU** to everyone who attended the conference! We will be in touch soon with pictures and speaker information.

THON™

2027 THON Chairs Application

Chair Responsibilities

Alternative Fundraising Chair (Alt Funds): In charge of all things alt funds. Submit alt fund requests on THINK, post fundraiser reports, manage money raised, etc. Also manages any licenses and permits we need for alt funds, and books locations (if needed) for alt funds on 25Live.

Family Relations Chair (FR): Consistent communication with our families weekly at the minimum. Coordinate family gifts, videos, cards, etc. Keep track of important dates in families' lives, such as birthdays or graduations. Coordinate with families at events. Has monthly reports to submit.

Public Relations/Donor and Alumni Chair (PR/DAR): Manage social media as well as events for the general body. Write a monthly newsletter that goes out to alumni. Coordinate alumni activities, such as tailgates. Find and reach out to corporate donors as well.

2027 THON Chairs Application

Deadline: 11:59 PM | Thursday, April 16th

Interviews: Applicants will be contacted about interview status on **Sunday, April 19th**. Interviews will take place the following week.

Decisions: Monday, April 27th

Apply Here: [LINK](#)



Visiting Mary | Saturday, April 11th

2026 Mary Visit

Date: Saturday, April 11

Time: ~ 12-8 PM

Details: We will be driving to Mary's hometown to spend time with her and her family.

Sign Up Here: [LINK](#)

5 FR Points



Social Activities

AED Intramural Volleyball

AED volleyball returns for the 2026 season!

- No experience required
- Games are at 6:30 PM on Wednesdays
- Season begins March 25th

Sign Up Here: [LINK](#)

2 Social Points



AED x Schreyer StuCo Formal | Friday, 04/10

Golden Gala Spring Formal

Date: Friday, April 10th

Time: 6:30-8:30 PM

Location: The Basement Nightclub

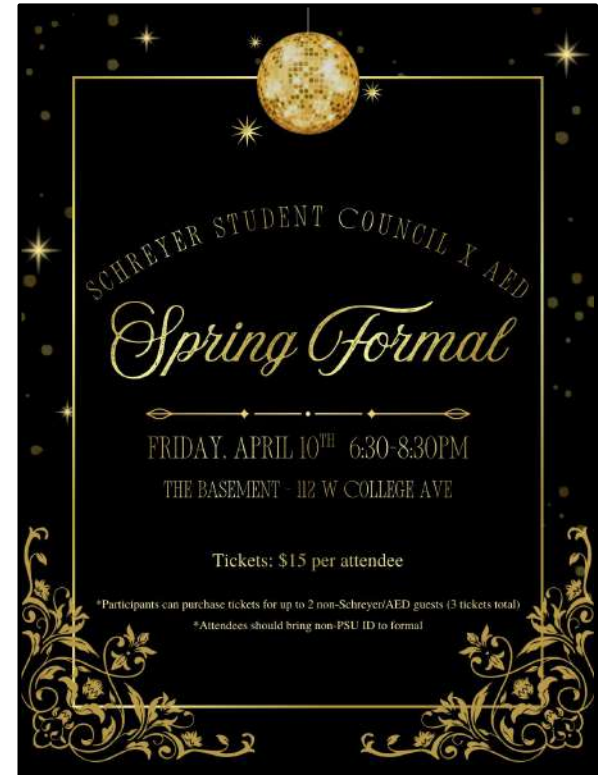
Details

- \$15 a ticket
- Formal Attire
- Food, DJ, & photographer provided!

Ticket Sales

Sold weekdays **Monday, 03/23** to **Friday, 04/3** from **3-7 PM** in **Atherton Hall Lobby**.

2 Social Points



Thank You!



Alpha Epsilon Delta

The Pennsylvania State University

Teams:

Code: 6dwzzwj



GroupMe:



GBM #5

Monday, March 30

Appendix

25-26 Leadership

25-26 Executive Board



President
Kevin Tian
kmt6125@psu.edu



Vice President
Jamie Mooney
jlm8089@psu.edu



Secretary
Sophia Meola
psuaedsecretary@gmail.com



Treasurer
Sarah Vinson
srv5241@psu.edu



Public Relations
Jason Norwicke
jjn5550@psu.edu



THON Primary Chair
Justin Deekollu
jjd6465@psu.edu



DHT Director
Eliana Garza
egg5192@psu.edu

Spring 2026 Sub-Chairs

President | Kevin Tian

Programming

Devika Bhavsar
Tulsi Patel
Emma Tesler

VP | Jamie Mooney

Speakers

Alyssa Ching

Service

Ashly Peltroche
Nevaeh Sickles
Trace Livelsberger

Secretary | Sophia Meola

Editor

Angelina Sacchetti

Treasurer | Sarah Vinson

Scholarship

Levi Wilfong

Discussion | Dara l'Anson

DHT Discussion Leader

Rufaida Rahman
Danae Wafula

PR | Jason Norwicke

Social Media

Akene Moutchia

Social Events

Jimmy Gurgone

Alumni Engagement

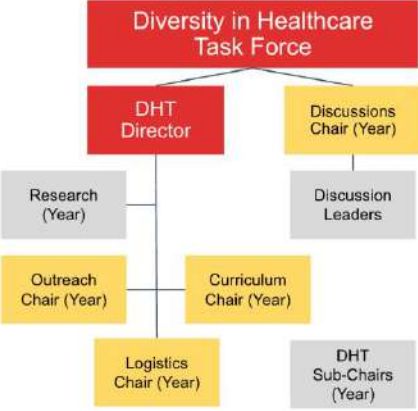
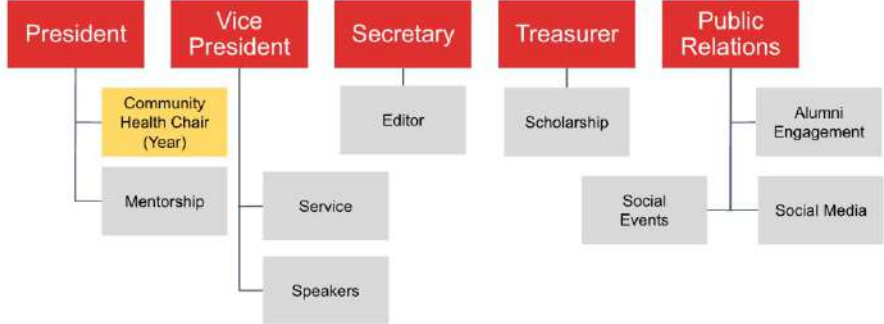
Louise Olszewski

**Thank you to everyone
who applied!**

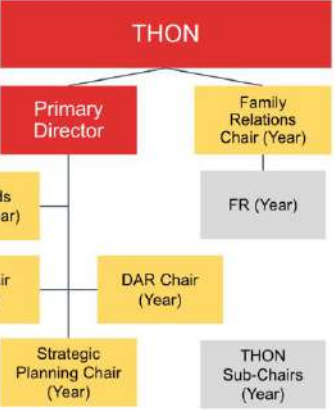
Executive Board Positions

25-26 AED Leadership Structure

Faculty Advisor:
Dr. Krajcovic



Election	Application	
Executive Director	Executive Chair	Sub-Chair



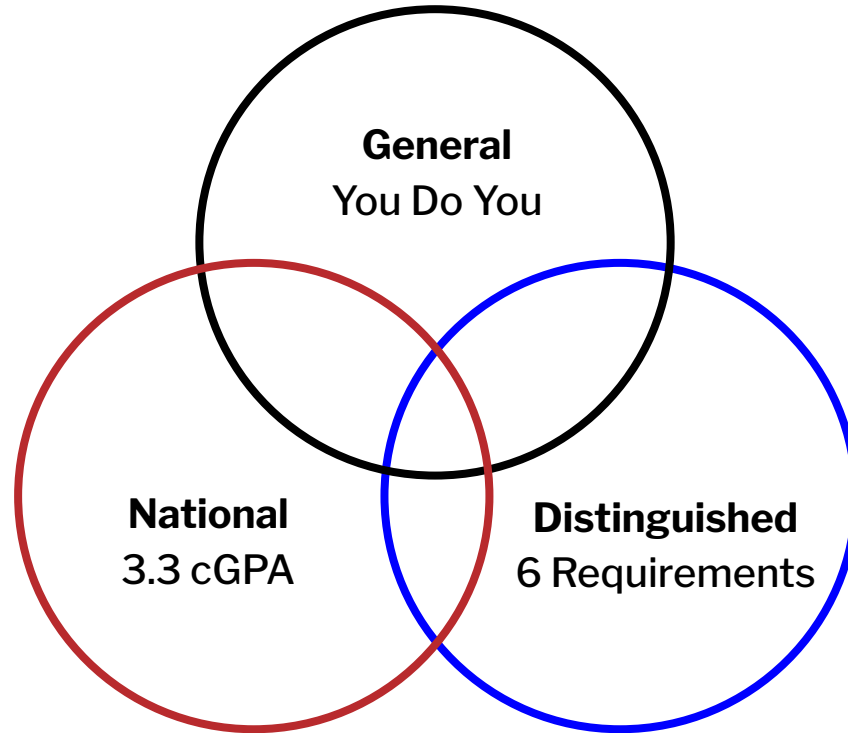
Membership

National and Distinguished Membership

National

Benefits

- Be inducted into national chapter
- Submit application in the Spring
- Provided with graduation cords
- Eligible for scholarships up to \$10,000



PSU

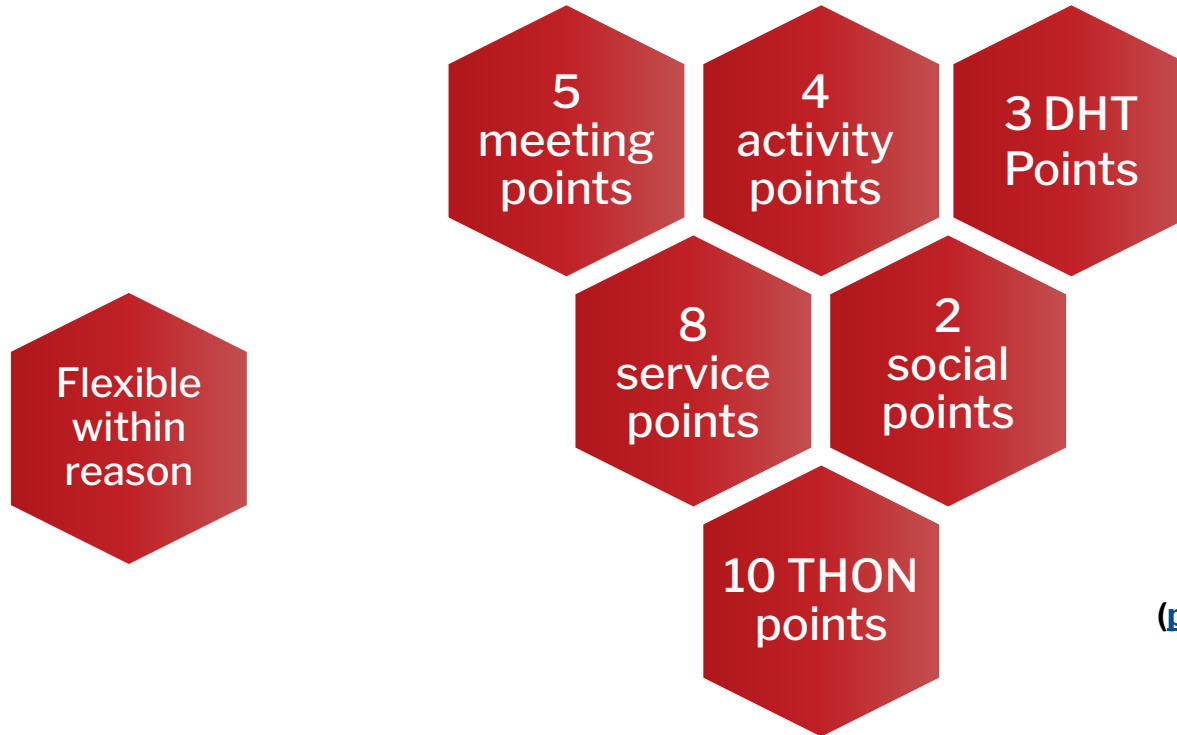
General Membership

- Highly flexible
- Utilize any resources shared

Distinguished

- Requires greater involvement
- Demonstrates commitment and leadership
- Eligible for incentives

Distinguished Membership Requirements



Email Sophia Meola
(psuaedsecretary@gmail.com)
with any questions!

AED Communications

AED ListServ

→ **For:** GBM recaps, external resources, etc.

***Teams → Most Important**

→ **For:** GBM reminders, workshop announcements, service opportunities, member resources, etc.

GroupMe

→ **For:** GBM reminders, informal questions, member conversations, etc.

Long-Term Service Opportunities

- **Abba Java Coffeehouse: [Website](#)**
 - Contact Reverend Sarah Voigt (svoigt.wesley@gmail.com)
- **Centre LGBT+: [Apply Here](#)**
 - Assist with various educational, advocacy, and community-building events
- **Centre Safe: [Apply Here](#)**
 - Serve as a Counselor/Advocate
 - 12-week training program
 - In-person or Remote Work
 - More Opportunities: furrutiasmith@CentreSafe.org
- **Centre Helps: [Apply Here](#)**
 - Serve as a Hotline Counselor Volunteer
 - 7-week training program



[Long-Term Service Opps Sheet](#)

Resources

AED Resources Folder

- Long-Term Volunteer Opportunities
- Volunteer Hours Tracker
- Preceptorship Sample Email
- THON Information
- THON DonorDrive 101
- More to be added!



Pre-Health Funding Support

Apply for Pre-Health Funding

Pre-Health has helped cover:

- MCAT, DAT, or GRE Prep
- MCAT, DAT, or GRE Registration Fees
- Primary Application Fees
- Secondary Application Fees
- Transcript Fees
- Interview Travel
- Interview Attire

Details

- Use by July 31, 2026
- Receive up to \$500
- Check **Eligibility Requirements!**



[LINK](#)

ECoS Undergraduate Travel Awards

Eberly College of Science Undergraduate Travel Awards

If you need assistance covering travel costs for research presentations at a regional, national, or international conferences, then fill out the form!

This is a great opportunity if you are currently working in a research lab on campus and plan on attending a conference!

Travel must be completed by June 30th, 2026.



[LINK](#)

Spring 2026 Financial Literacy Webinars

Free webinars offered every other
Tuesday at 12 PM on Zoom!

Participants can join live from any device or
view past recordings on the [Financial and
Life Skills Center's YouTube](#).

Check out [Sokolov-Miller Family Financial
and Life Skills Center](#) for more information.

Questions? finlit@psu.edu



PennState Student Affairs Sokolov-Miller Family Financial and Life Skills Center

2026 SPRING WEBINARS

CONSIDERING HOME OWNERSHIP
JANUARY 6
Explore the real costs, responsibilities, and financing options of buying a home so you can decide whether homeownership is the right step for you.

ALL ABOUT TAXES
JANUARY 20
Learn the essentials of how taxes work, what forms you'll need, and what updates to expect this year so you can file with confidence and less stress.

BUILDING A BETTER BUDGET
FEBRUARY 3
Discover how to build a realistic, sustainable budget that fits your lifestyle and helps you stay on track with your financial goals.

SAVING AND INVESTING
FEBRUARY 17
Gain a clear understanding of saving, investing, risk, and long-term planning so you can make choices that help your money grow over time.

FINANCIAL DECLUTTERING
MARCH 3
Identify sources of financial clutter and learn simple ways to streamline accounts, documents, and spending systems to reduce stress and stay organized.

STUDENT LOANS
MARCH 17
Get a full overview of borrowing, repayment, loan types, and forgiveness programs to navigate the student loan process with clarity.

MONEY AND RELATIONSHIPS
MARCH 31
Examine how different money personalities influence communication and learn strategies for managing shared finances with partners, friends, or family.

AFTER GRADUATION
APRIL 14
Prepare for life after Penn State by learning key financial skills like budgeting, negotiating a starting salary, and planning for future goals.

ENVIRONMENTAL STEWARDSHIP
APRIL 28
Explore how your financial choices impact the environment and discover simple ways to save money while supporting sustainability.

CREDIT SCORES AND REPORTS
MAY 12
Understand what affects your credit score, how to read your credit report, and steps you can take to strengthen your financial reputation.

 **REGISTER NOW • OPEN TO ALL**
Visit financialliteracy.psu.edu to find events and register. All workshops are held at noon.



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Service

Big Brothers Big Sisters

Zack Maser

(he/him)

Big Brothers Big
Sisters Case Manager

Contact:

zmaser@ccysb.com

814-699-1890



OUR PROGRAMS

COMMUNITY

- 12-month minimum commitment
- Big & Little enjoy free/low-cost activities in the community
- Volunteer must have valid driver's license and access to a reliable insured vehicle

BOTH

- Include thoughtfully matched volunteers (Bigs) with children/youth (Littles).
- Are supported by a professionally trained staff member AKA a Case Manager
- Necessitate a completed application, an interview, reference checks, and clearances
- Require a desire to build a relationship with a youth in need

SITE

- One school year minimum commitment
- Big & Little meet at a site, often a local school
- Matches are supported by an on-site BBBS staff member
- Volunteer has little interaction with his/her/their Little's parent(s)/guardian(s)

Conversations to Remember: Virtual Opp.

Details: [Conversations to Remember](#) is a nonprofit dedicated towards combating loneliness and isolation felt by senior citizens.

- 2-3 college students matched with older adults for virtual video visits ~1 hour/week for at least 16 weeks to develop meaningful relationships with the seniors.
- Mandatory training is provided to students in the program.
 - Best ways to interact with the older adults & additional regular support.
- Opportunities for additional volunteer hours are possible with other volunteering options such as assisting with social media, call support, outreach, etc.
 - Current volunteering roles are listed [here](#).

Contact: Jasmyn Gordon |
jasmyn.gordon@conversationstoremember.org



Who We Are

Conversations to Remember is a 501(c)(3) charity whose mission is to combat feelings of isolation and loneliness among senior citizens. We facilitate weekly video calls with senior citizens, including those with dementia, with the goal of creating intergenerational friendships.

How You Can Get Involved

Young adult college students will engage in virtual visits with a senior citizens. These seniors are lonely, and are excited to speak with you. Each video call will have 2-3 student volunteers matched with one senior. The calls will be for one hour, at the same time each week. You will only be matched for a call at a time when you are available. You must commit to continuing in the program for at least 4 months. *Conversations to Remember* will provide you with training and support.



email: info@ConversationstoRemember.org
telephone: 862-243-5331

Diversity in Healthcare Task Force (DHT)

Diversity in Healthcare Conference

- Hosted annually each spring semester
 - **Sunday, March 1, 2026**
- **Goal:** To educate pre-health students about healthcare disparities and how to ideate potential solutions
- **Established:** Founded by PSU AED in 2021
- **Unique:** Only school to host this type of student-run conference



Diversity in Healthcare Conference

NEWS

Penn State students host vaccine field day to educate children

by: [Leanna Wells](#)
Posted: Oct 21, 2024 / 06:50 AM EDT
Updated: Oct 21, 2024 / 06:50 AM EDT



Penn State Students Host Vaccine Field Day to educate children.

Discussions (AED x MAPS)

- ~3 discussions per semester
- Group presentations on healthcare disparities followed by discussions

Conference

- 2 professional speakers, catered lunch, and a certificate from PSCOM

Solution Phase

- Student groups work with a BRIDGE mentor to prepare a solution proposal
- Groups will present ideas to a panel of professional judges

Implementation Phase

- Winners are awarded \$3,500 to implement their solution in Centre County during the following year

HOSPITAL/CLINIC NAME STATE COLLEGE, PA		DISCHARGE SUMMARY	
Patient Name: _____	Provider Name: _____		
Initial Date: _____	Discharge Date: _____		
OVERVIEW			
IMPORTANT RISK FACTORS			
MEDICATION			
Medication	Time	Purpose	Watch For
HEALTH OUTLOOK: _____		WHEN TO CALL YOUR DOCTOR	
● ● ● ●		📞 ⓘ	
<input type="checkbox"/> I understand my care instructions.			
<input type="checkbox"/> I have reviewed this information with my provider.			



THON™

What is THON?

- THON™ is the world's largest student-run philanthropy
- Raised over 17 million dollars last year
- Culminates in a 46-hour dance marathon on February 20-22
- No pediatric cancer patient at Penn State Children's Hospital in Hershey pays a single cent for their treatment



Meet our THON Families

The **CLARA** Shepps Family



Puppy "Emmie"



Fam in DC!

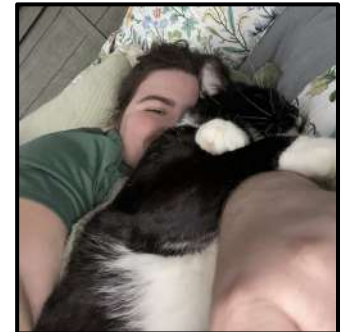
The **MARY** Torres Family



Cat "Dibs"



Crochet MASTER



25-26 THON Leadership Team



Justin Deekollu
Primary Chair



Logan Eisaman
Alternative
Fundraising Chair



Addison Firestone
Family Relations
Chair



**Isabella
Bautista-Santiago**
Strategic Planning
Chair



Siya Kakadia
Donor and Alumni
Relations Chair