

Alpha Epsilon Delta

The Pennsylvania State University

Teams:

Code: 6dwzzwj



GroupMe:



GBM #5

Monday, November 03

Vote Tomorrow



If you're voting in State College, find your polling place [here](#).

Membership

Membership Status

AED Email:

psuaedsecretary@gmail.com

For any questions regarding membership status, please reach out to Sophia! 😊

Website: aedpsu.com

Insta: [@aedpsu](https://www.instagram.com/aedpsu)

The screenshot shows the Alpha Epsilon Delta website. The navigation bar includes links for Home, About, What We Do, Member Resources (highlighted with a red box), Alumni Network, and More. A dropdown menu for Member Resources is open, showing options for Calendar, Membership Documents, Membership Status (circled in red), and Meeting PowerPoints. The main content area displays a Google Sheet titled 'Spring 2025 Membership'. The spreadsheet has columns for Name, PSU EMAIL, and Meetings (Meeting 1 through Meeting 5). The data is as follows:

Name	PSU EMAIL	Meeting 1	Meeting 2	Meeting 3	Meeting 4	Meeting 5
Kevin Tian	km6125@psu.edu					
Jamie Mooney	jm8088@psu.edu					
Sophia Meola	sam7831@psu.edu					
Charvi Patel	cdp6456@psu.edu					
Jason Norwick	jn5550@psu.edu					
Reese Petrosky	Rbp5438@psu.edu					
Bailey McLaughlin	bam6508@psu.edu					
Morgan Kelley	muk9305@psu.edu					
Laura Cooney	lmc6418@psu.edu					

Executive Board Requirements | Spring 2026

Eligibility Requirements

1. **Undergraduate Education:** Must have completed at least 3 semesters of undergraduate education
2. **Distinguished Membership:** Must have received at least 2 semesters of Distinguished Membership
3. **National Induction:** Must be nationally inducted or on track for national induction

Additional Requirements

4. Must attend info session/meet with a current executive member
5. Must deliver a 1-3 minute election speech

Office Hours

AED Office: HUB 207

If the door is closed, message Exec to be let in!

Jamie Mooney (Vice President): Tuesdays | 12:30-1:30 PM

Sarah Vinson (Treasurer): Wednesdays | 9-10 AM

Kevin Tian (President): Thursdays | 12-1 PM

Use stairs/elevators by Sbarro to Floor 2 & follow signs to HUB 207!

Appendix Section

Check out additional resources, opportunities, and more in our **“Appendix”** section at the end of this PowerPoint!

Service

Red Cross Blood Drive | Wednesday, Nov. 12

- **Date:** Wednesday, November 12
- **Time:** 10 AM-4 PM
- **Location:** Heritage Hall (HUB)
- **Details:**
 - Sign up on [Google Sheet](#) (scan QR code)
 - **Volunteer** → 1 service point per hour
 - **Whole Blood Donor** → 3 service points
 - **Power Red Donor** → 4 service points
 - Donor eligibility requirements [linked here](#)
- Donors receive a \$20 in e-gift cards to choice of merchant PLUS the chance to win a \$5K prize!

Mention AED when you sign in!



THON CAMPAIGN: All presenting donors may donate on behalf of a THON org. 1 point will be awarded for a whole blood donation and 2 points for a Power Red donation. The winning org will win \$1,000, donated by the American Red Cross on behalf of that winning org!

LION Mobile Clinic Volunteering

1 service point per hour of volunteering for each event

Military Share Food Distribution

- **Date:** Monday, November 10
- **Time:** 8:30-11:30 AM
- **Location:** UEC Theaters 12 125
Premiere Drive, State College
PA 16801
- **Details:** (2 volunteers) Food distribution. Volunteers would assist putting food in vehicles.

Active Adult Senior Center

- **Date:** Monday, December 1
- **Time:** 9 AM-12 PM
- **Location:** Nittany Mall, 2901 E.
College Avenue, Ste. 990 State
College, PA 16801 (across from
Planet Fitness in the mall)
- **Details:** (1 volunteer, 1 EMTs) Flu shot clinic. Volunteers could assist w/ the adult art project led by @psu faculty.

Jared Box Donations

**Help infants through
twens navigate tough
hospital visits through
fun activities!**

**Drop off donations at
GBMs or at the AED
Office (HUB 207)**

**1 Service Point Per
Donation**

Donation Ideas

- Small toys
- Light-up toys
- Small books
- Stuffed animals
- Coloring books
- Crayons
- Activity books
- Silly putty
- Card games
- Crafts



Long-Term Service Opp. | PAW Pals

Long-Term Service Opportunity

- **Details:** Conduct science demonstrations and discussions for local elementary students
 - Wide variety of activities focusing on different areas of science
- **Interested:** Reach out to Emma Steinebronn at eks5667@psu.edu!

1 Service Point Per Hour

PAW PALS IS BACK!!

AND we're looking for new volunteers!!!



- At least one hour of community service per month!
- Transportation is provided!
- Flexible service shifts based on your availability!
 - An opportunity to give back to your community and teach the next generation of scientists!

PSCOMxYMCA: Fighting Food Insecurity

Long-Term Service Opportunity

- **D&T:** Tuesdays | 7:30-10 PM
- **Location:** Rear Wagner Building (CrossFit)
- **Details:** AED, PSCOM, the YMCA Anti-Hunger Program, and other leaders in State College are partnering to pack backpacks with food for elementary students to address **local food insecurity!**

2 Service Points | Send proof of attendance to **Jamie Mooney** (ilm8089@psu.edu).



[SignUp Genius](#)

Professional Development

BRIDGE Panel | Tuesday, Nov. 4

Personal Statement 101

- **Date:** Tuesday, November 4
- **Time:** 6-7 PM
- **Location:** [Zoom](#)
- **Details:** Learn about the basics of writing a personal statement, helpful tips and tricks, the most important aspects, and more from current medical students!

1 Activity Point

Scholarship Workshop | Wednesday, Nov. 5

Scholarship/Financial Literacy Workshop

- **Date:** Wednesday Nov. 5th
- **Time:** 6-7 PM
- **Location:** Thomas 218
- **Details:** Overview of financial literacy resources, finding scholarships, and provide tips for scholarship essays

1 Activity Point

PSCOM Primary Care Day | Saturday, Nov. 8

PSCOM Primary Care Day

- **D&T:** Saturday, November 8, 2025 (all day)
- **Where:** Penn State College of Medicine,
- **Register By:** October 31, 2025
- **Details:** PSCOM's Primary Care Day is a fantastic opportunity to learn about the primary care field, network with medical students and providers, and participate in skill-building workshops (E.g. physical exam, ultrasound, etc.). **Make sure to register!**

1 Activity Point



[Registration Link](#)

Test Prep Tabling | Tuesday, Nov. 11

UPUA Test Prep Distribution

- **D&T:** Tuesday, Nov. 11th | 10-3 PM
- **Location:** Shortlidge Mall
- **Details:** Distribution of over 200 MCAT, GRE, and more prep books for students. Set up will be ~30 minutes before the event starts. Would like at least 3 people behind the table throughout the event.

1 Service Point



[Sign Up Here](#)

Pre-PA 101 Workshop | Wednesday, Nov. 19

Pre-PA 101 Workshop

- **D&T:** Wednesday Nov. 19th | 5-6 PM
- **Location:** TBD
- **Details:** Everything you need to know to prepare for PA school applications, including timelines, required hours, coursework, entrance exams, and more.

1 Activity Point

Interest Form!



[Link](#)

New Professional Dev. Class | SC497

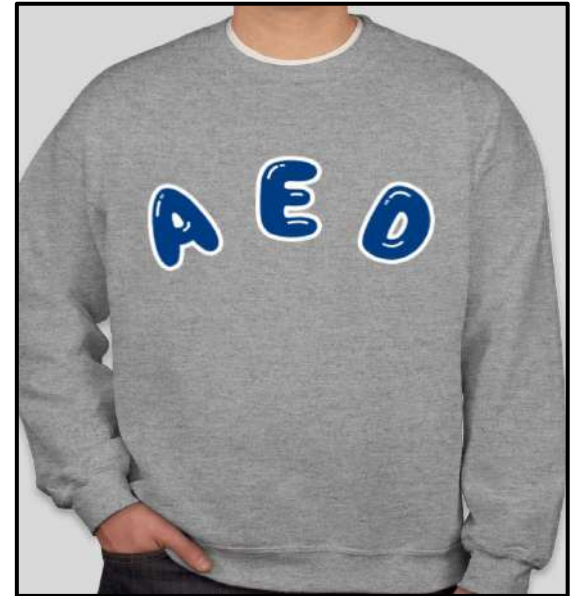
SC497 | Science Career Readiness and Professional Skills

- **Credits:** 2-3
- **Description:** Gain confidence in everything from networking and interviewing to identifying what kinds of roles fit your goals and strengths!
- **2vs3 Credit:** Additional recitation section where you can learn about engaging in undergraduate research, investigating professional school options such as Med School/PA School/Dental School, and more



[LINK](#)

25-26 General AED Merch



25-26 General AED Merch

General AED Merch

Payment can either be through Venmo (@**svinson04**) or cash at tonight's GBM

The order form will close
TONIGHT @ 11:59 PM. All orders
+ payments need to be in by then!



[LINK](#)

Diversity in Healthcare Task Force (DHT)

DHT Discussions

D1: Rural Medicine

Date: Monday, Nov. 10
Time: 7:30 PM
Location: TBD

D2: Women's Health

Date: Tuesday, Nov. 11
Time: 5 PM
Location: TBD

D3: Health Disparities in Maternal Care

Date: Tuesday, Nov. 18
Time: 6:30 PM
Location: TBD

Look out for updates on locations later this week!
1 DHT Point per Discussion

THON™

Merch Sale FTK

AED Merch Sale Benefitting THON™

Scan to submit an order!



[LINK](#)



SO MANY DREAM FORWARD ALT FUNDS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/26	10/27	10/28	10/29	10/30	10/31	11/01
THON 5K powered by UNC Dream Forward Lottery Opens Alt Fund Challenge Starts	Dream Forward Kickoff Brunch Social Media Storm	Phish-a-THON	Get Air Benefiting THON Phish-a-THON Phish-a-THON #2		Match Club Bait Site Happy Halloween! 🎃	
11/02	11/03	11/04	11/05	11/06	11/07	11/08
	2000 Degrees Benefitting THON McLanahan's FTK Alt Fund Challenge End	2000 Degrees Benefitting THON Dream Forward Trivia Night	2000 Degrees Benefitting THON Noodles & Co. FTK	Dream Forward Matching Day		
11/09	11/10	11/11	11/12			
THON Pickleball	Social Media Challenge	Vibe Coffee Co. FTK	100 Days 'til THON Celebration			

AED THONsgiving | Sunday, Nov. 16th

AED THONsgiving

- **Date:** Sunday, Nov. 16
- **Time:** 6 PM
- **Location:** Zander's Apartment
- **Details:** Potluck-style. Sign up to bring something! We will THON Retreat-esque activities so it will be super fun!

2 THON Points | 1 Social Point



LINK

Make a DonorDrive



[LINK](#)

Corporate Donor Form



[LINK](#)

Social Activities

Next Social Event

Please fill out this form to determine the next event we will be hosting!

Events will be hosted next week, either on Wed, Thurs, or Friday.



[LINK](#)

Thank you!

Alpha Epsilon Delta

The Pennsylvania State University

Teams:

Code: 6dwzzwj



GroupMe:



GBM #6

Monday, November 17

Appendix

Membership

Anonymous AED Feedback



[LINK](#)

Pre-Health Funding Support

Apply for Pre-Health Funding

Pre-Health has helped cover:

- MCAT, DAT, or GRE Prep
- MCAT, DAT, or GRE Registration Fees
- Primary Application Fees
- Secondary Application Fees
- Transcript Fees
- Interview Travel
- Interview Attire

Details

- Use by July 31, 2026
- Receive up to \$500
- Check **Eligibility Requirements!**



[LINK](#)

AED Resources Folder

- Long-Term Volunteer Opportunities
- Volunteer Hours Tracker
- Preceptorship Sample Email
- THON Information
- THON DonorDrive 101
- More to be added!

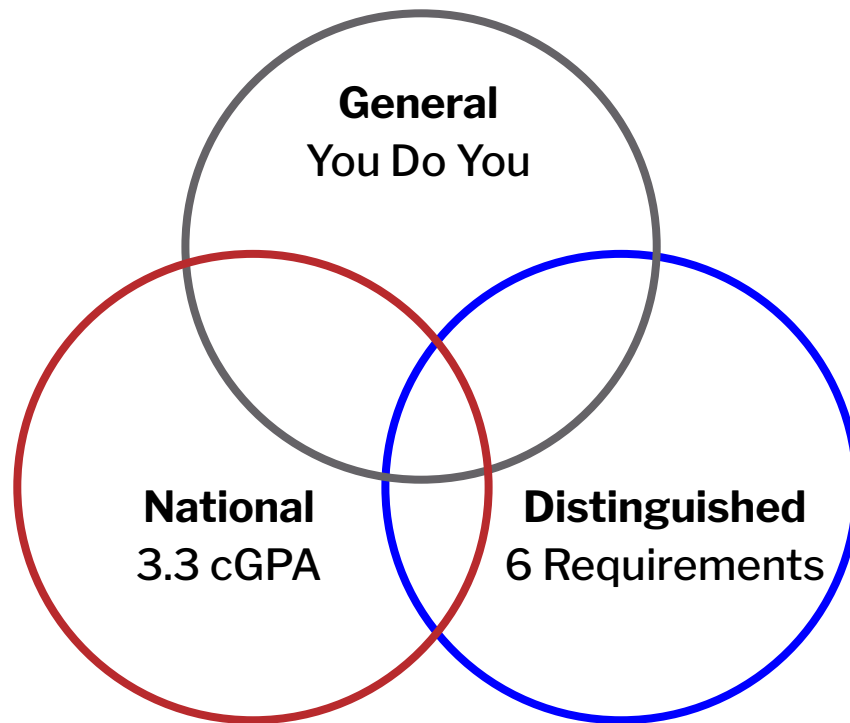


National and Distinguished Membership

National

Benefits

- Be inducted into national chapter
- Submit application in the Spring
- Provided with graduation cords
- Eligible for scholarships up to \$10,000



PSU

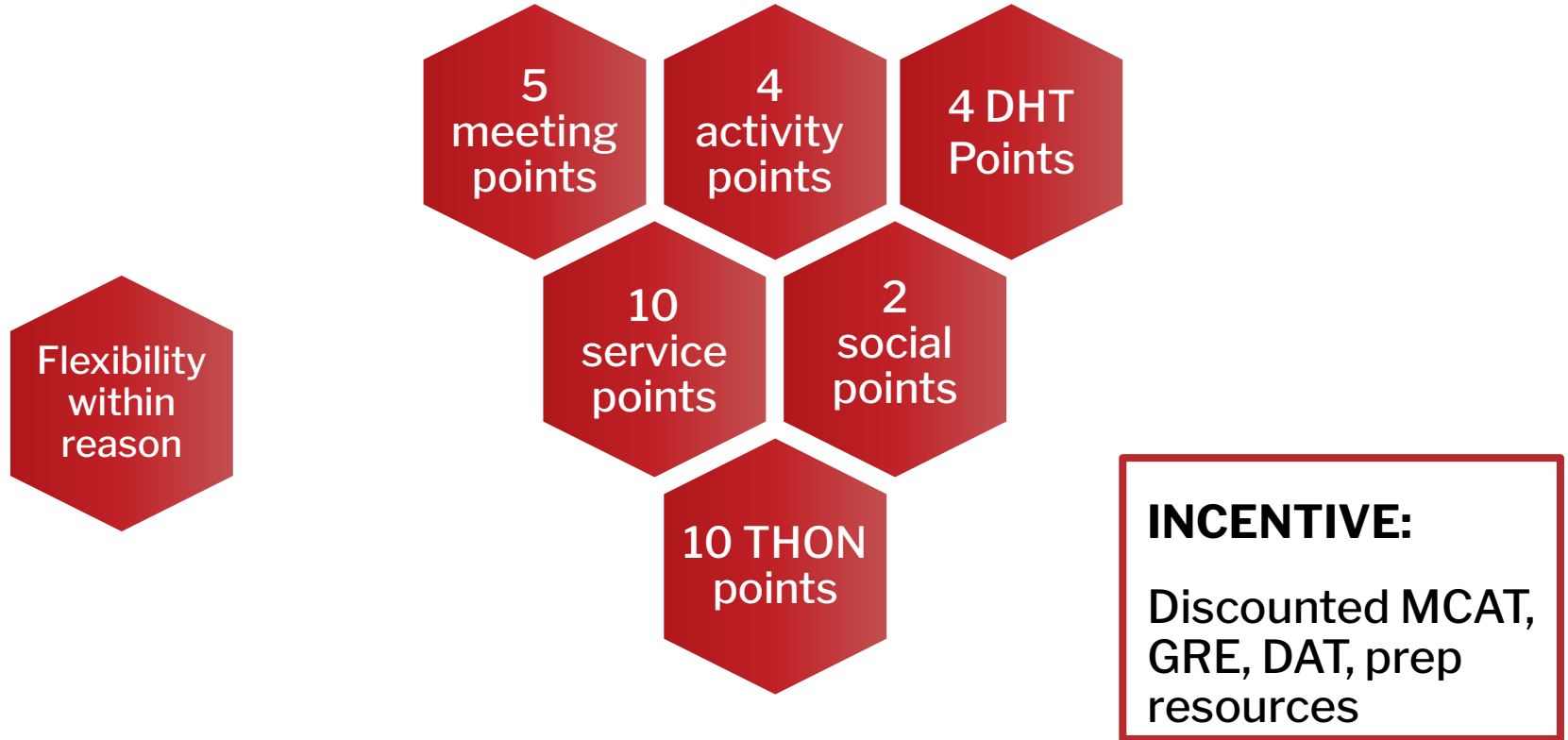
General Membership

- Highly flexible
- Utilize any resources shared

Distinguished

- Requires greater involvement
- Demonstrates commitment and leadership
- Eligible for incentives

Distinguished Membership Requirements



AED Communications

AED ListServ

- **For:** GBM reminders and recaps, external resources, etc.
 - Please check general inbox and/or spam for emails!

*Teams → Most Important

- **For:** GBM reminders, workshop announcements, service opportunities, member resources, etc.
- **Review:** Pinned message in “General” channel for more information

GroupMe

- **For:** GBM reminders, informal questions, member conversations, etc.

Service

Big Brothers Big Sisters

Zack Maser

(he/him)

Big Brothers Big Sisters
Case Manager

Contact:

zmaser@ccysb.com

814-699-1890



OUR PROGRAMS

COMMUNITY

- 12-month minimum commitment
- Big & Little enjoy free/low-cost activities in the community
- Volunteer must have valid driver's license and access to a reliable insured vehicle

BOTH

- Include thoughtfully matched volunteers (Bigs) with children/youth (Littles).
- Are supported by a professionally trained staff member AKA a Case Manager
- Necessitate a completed application, an interview, reference checks, and clearances
- Require a desire to build a relationship with a youth in need

SITE

- One school year minimum commitment
- Big & Little meet at a site, often a local school
- Matches are supported by an on-site BBBS staff member
- Volunteer has little interaction with his/her/their Little's parent(s)/guardian(s)

Conversations to Remember: Virtual Opp.

Details: [Conversations to Remember](#) is a nonprofit dedicated towards combating loneliness and isolation felt by senior citizens.

- 2-3 college students matched with older adults for virtual video visits ~1 hour/week for at least 16 weeks to develop meaningful relationships with the seniors.
- Mandatory training is provided to students in the program.
 - Best ways to interact with the older adults & additional regular support.
- Opportunities for additional volunteer hours are possible with other volunteering options such as assisting with social media, call support, outreach, etc.
 - Current volunteering roles are listed [here](#).

Contact: Jasmyn Gordon |
jasmyn.gordon@conversationstoremember.org

Conversations to
REMEMBER

Who We Are

[Conversations to Remember](#) is a 501(c)(3) charity whose mission is to combat feelings of isolation and loneliness among senior citizens. We facilitate weekly video calls with senior citizens, including those with dementia, with the goal of creating intergenerational friendships.

Young adult college students will engage in virtual visits with a senior citizens. These seniors are lonely, and are excited to speak with you. Each video call will have 2-3 student volunteers matched with one senior. The calls will be for one hour, at the same time each week. You will only be matched for a call at a time when you are available. You must commit to continuing in the program for at least 4 months. [Conversations to Remember](#) will provide you with training and support.

How You Can Get Involved







email: info@ConversationstoRemember.org
telephone: 862-243-5331

Long-Term Service Opportunities

- **Abba Java Coffeehouse: [Website](#)**
 - Contact Reverend Sarah Voigt (svoigt.wesley@gmail.com)
- **Centre LGBT+: [Apply Here](#)**
 - Assist with various educational, advocacy, and community-build
- **Centre Safe: [Apply Here](#)**
 - Serve as a Counselor/Advocate
 - 12-week training program
 - In-person or Remote Work
 - More Opportunities: furrutiasmith@CentreSafe.org
- **Centre Helps: [Apply Here](#)**
 - Serve as a Hotline Counselor Volunteer
 - 7-week training program



[Long-Term Service Opps Sheet](#)

LION Mobile Clinic Volunteering

Gain Clinical Experience and Develop Understanding of SDHs

The LION Mobile Clinic is a student-led free clinic focused on promoting health care access and proactive health choices for under-resourced communities of Pennsylvania.

- Learn about community medicine, comprehensive healthcare services, food insecurity, and more
- Assist medical students and doctors
- Earn experience as a medical scribe
- Connect with the community



LionCare Clinic Partnership

LionCare is PSCOM's student-run clinic that provides free healthcare in Tyrone, PA. Its mission is to improve access to care in rural areas in central PA.

- AED sends **3 volunteers per monthly clinic** (>50 since start!)
- Volunteers assist medical students by taking patient exam notes
- Due to limited spots, please only apply if you have **strong interest in primary care and/or rural medicine.**

LionCare Clinic School Supplies Drive

Providing Necessities for Under-Resourced Communities.

Drop Off: AED Office (HUB 207, 1 Service Pt Per Donation)

Middle and High School:

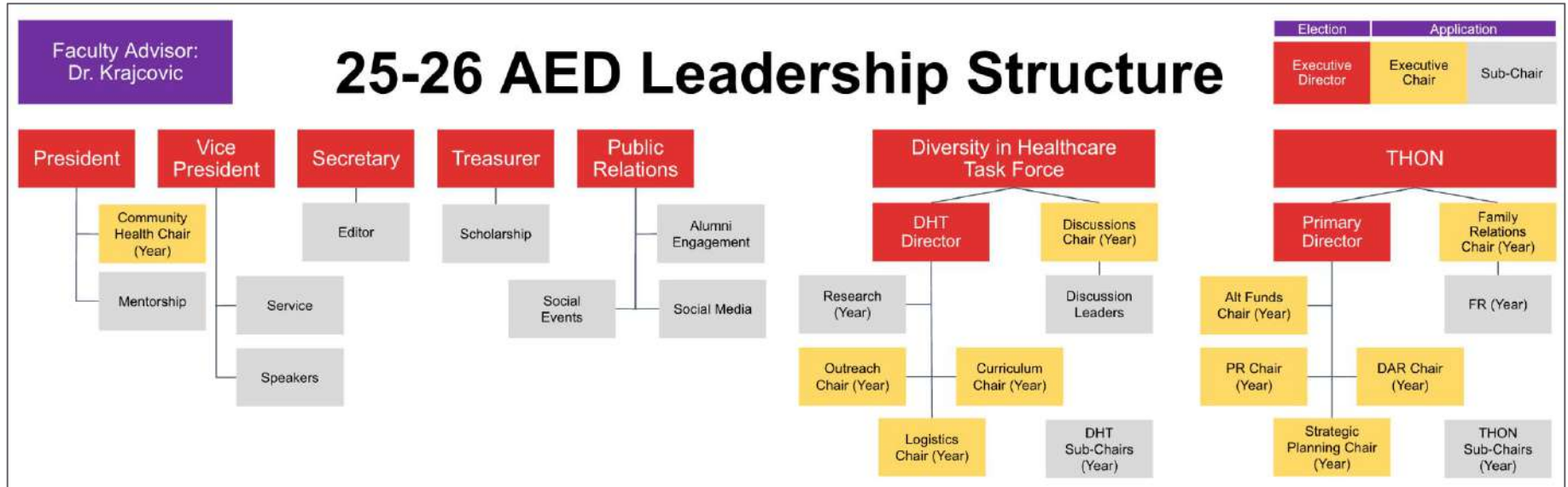
Notebooks	Pencils
Binders	Erasers
Pocket Folders	Highlighters
Pens	Pencil Cases
Calculators (4 Pt)	Backpacks (4 Pt)

Elementary School:

Notebooks	Construction Paper	Washable Markers
Pencils	Pencil Cases	
Erasers	Binders	Blunt-Tip Scissors
Folders	Colored Pencils	Lunch Box
Crayons	Glue Sticks	Backpacks (4 Pt)

25-26 Leadership

25-26 Executive Board Positions



7 Executive Director Positions → Elected
10 Executive Chair Positions → Chosen
FA25 Sub-Chair Positions → Chosen

Fall 2025 Sub-Chairs

President | Kevin Tian

Programming

Devika Bhavsar
Tulsi Patel

VP | Jamie Mooney

Service + Speakers

Alyssa Ching
Giselle Feliciano
Effie Frank
Grace Liverseed

Secretary | Sophia Meola

Editor

Kendall Guisewhite
Nina Tommarello

Treasurer | Sarah Vinson

Scholarship

Aadi Patel

Discussion | Dara l'Anson

DHT Discussion Leader

Sriya Ayyala
Destiny Brewer
Braam Hattingh

PR | Jason Norwicke

Social Media

Akene Moutchia

Social Events

James Gurgone

Alumni Engagement

Emmaleigh Shinno

Diversity in Healthcare Task Force (DHT)

Diversity in Healthcare Conference

- Hosted annually each spring semester
 - **Sunday, March 1, 2026**
- **Goal:** To educate pre-health students about healthcare disparities and how to ideate potential solutions
- **Established:** Founded by PSU AED in 2021
- **Unique:** Only school to host this type of student-run conference



Diversity in Healthcare Conference

NEWS

Penn State students host vaccine field day to educate children

by: Leanna Wells

Posted: Oct 21, 2024 / 06:50 AM EDT

Updated: Oct 21, 2024 / 06:50 AM EDT



Penn State Students Host Vaccine Field Day to educate children.

Discussions (AED x MAPS)

- ~3 discussions per semester
- Group presentations on healthcare disparities followed by discussions

Conference

- 2 professional speakers, catered lunch, and a certificate from PSCOM

Solution Phase

- Student groups work with a BRIDGE mentor to prepare a solution proposal
- Groups will present ideas to a panel of professional judges

Implementation Phase

- Winners are awarded \$3,500 to implement their solution in Centre County during the following year

HOSPITAL/CLINIC NAME STATE COLLEGE, PA

DISCHARGE SUMMARY

Patient Name: _____ Provider Name: _____
Initial Date: _____ Discharge Date: _____

OVERVIEW

IMPORTANT RISK FACTORS

MEDICATION

Medication	Dose	Purpose	Watch For

HEALTH OUTLOOK

-
-
-
- ☐ I understand my care instructions
- ☐ I have reviewed this information with my provider

WHEN TO CALL YOUR DOCTOR



DHT Executive Team



Eliana Garza
Director

Manages entire DHT
Team & Sponsors' point
of contact



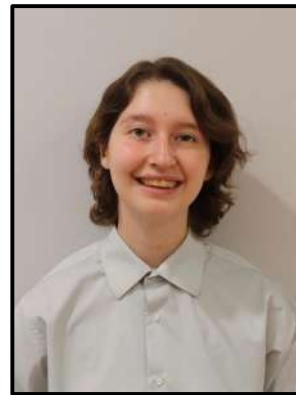
Srita Pulivarthi
Advertising

Participation and
outreach



Alyssa Dass
Curriculum

Researches topics, case
studies, and discussion
points



Mar Escarcega
Logistics

Day-of-Conference
planning



Dara I'anson
Discussions

Coordinates year long
discussion groups
related to conference
theme

25-26 DHT Conference Team

Curriculum Team

Alyssa Dass

Serina Chan

Ava Elliot

Amanda Rodriguez

Advertising Team

Srita Pulavarthi

Gracie Hartigan

Natalie Hillis

Nylah Jennings

Sarah Sabu

Logistics Team

Mar Escarcega

Naomi Ogoh

Amie Prissofsky

Implementation PM

Riley Hallahan

Thank you all for applying. If we were not able to invite you to the team this semester, we will be in touch come Spring for extra hands for the Conference!

In the meantime, stay involved through Discussions!

THON™

25-26 THON Leadership Team



Justin Deekollu
Primary Chair



Logan Eisaman
Alternative
Fundraising Chair



Addison Firestone
Family Relations
Chair



**Isabella
Bautista-Santiago**
Strategic Planning
Chair



Siya Kakadia
Donor and Alumni
Relations Chair

25-26 THON™ Sub-Chairs

Olivia Perri



Zander Sachs



Jack Yakupcin



What is THON?

- THON™ is the world's largest student-run philanthropy
- Raised over 17 million dollars last year
- Culminates in a 46-hour dance marathon on February 20-22
- No pediatric cancer patient at Penn State Children's Hospital in Hershey pays a single cent for their treatment



Meet our THON Families

The **CLARA** Shepps Family



Puppy "Emmie"



Fam in DC!

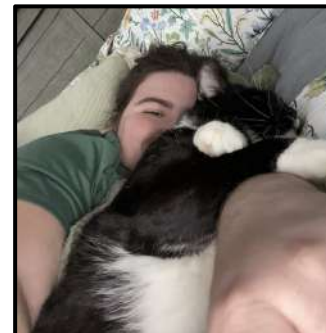
The **MARY** Torres Family



Cat "Dibs"



Crochet MASTER



AED Overview

Who We Are

- **Alpha Epsilon Delta** is a nationally recognized pre-health professions honor society
 - Pennsylvania Beta Chapter
- **All students** on the pre-health track (pre-medical, pre-dental, pre-PA, pre-PT, and more) are welcome!



What We Do

- **Your Pre-Health Toolbox:** Providing opportunities, connections, and resources to support your journeys into healthcare
- **Preparing Future Healthcare Leaders:** Holistic understanding of medicine, philanthropic involvement, exposure to health inequities, leadership opportunities, form professional and peer connections



Your Pre-Health Toolbox

