

# Alpha Epsilon Delta

## Pre-Health Honors Society

3rd Meeting - 09/26/22

Scan to join  
our Teams  
group!



Scan for an  
attendance  
point!



**General Body Updates**

# Fall 2022 Subchairs!

## **Programming**

Tyler Hontz  
Matt Springer  
Roy Wu  
Brittany Wood  
Emily Thieu  
Anirudh Venkatesh  
Hunter Markel

## **Social Media**

Olivia Huet  
Hannah Wolfe  
Karen Juan De Dios  
Yuvraj Aggarwal

## **Speakers**

Hannah Mirshahi

## **Service**

Madleen Anes  
Alexia Torres  
Pooja Ramadas  
Noah Brady

## **THON**

Mabel Tong  
Joanna Delaney  
Katherine Estes  
Ritika Sagar

## **Discussion Leaders**

Hilda T. Ramirez  
Jaclyn Smith  
Laura Cooney  
Saran Ashley-Douglas  
Hamna Ahmad  
Anisha Prabhu  
Haja Jalloh

## **Family Relations**

Om Pattarkine  
Rhia Martin  
Kevin Tian

## **Conference**

Kareena Pandya  
Asvin Ranganathan  
Cade Walker  
Mikaili Puckerine  
Ariella Biney

## **Editor**

Jennifer Acocella

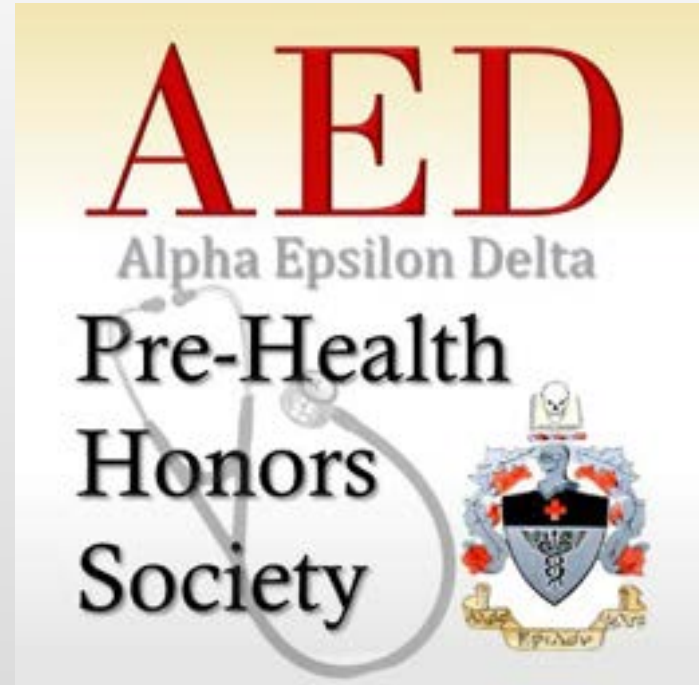
## **Scholarship**

Lisa Wang

# National Induction

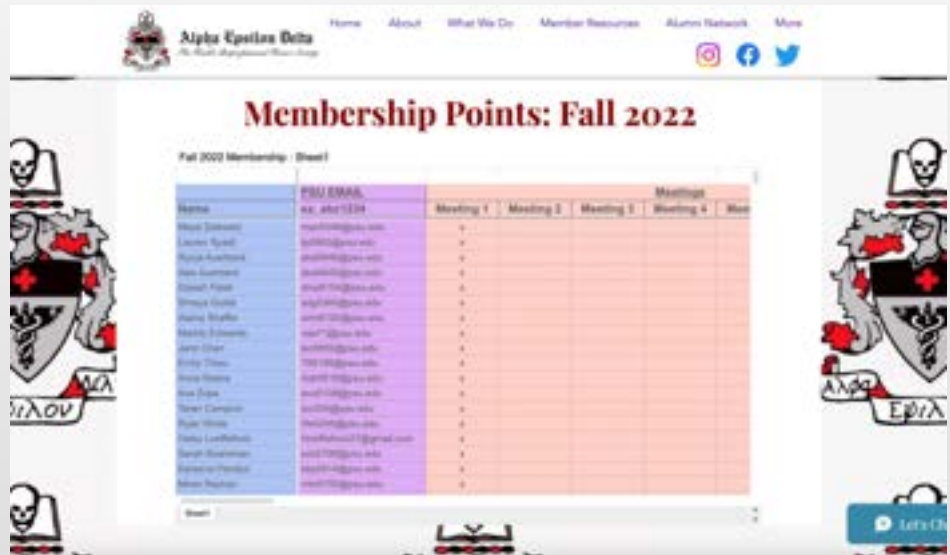
If you were nationally inducted this past Spring semester, **PLEASE** come up to the front of the room **AFTER** the meeting to pick up your packet.

After today's meeting, you must reach out to me to schedule a meeting time to pick up your packet.



# Membership Info

- Membership points are updated as of right now (excluding Blood Drive service point)
- Any questions regarding membership status, please reach out to me (ALYCIA) :)



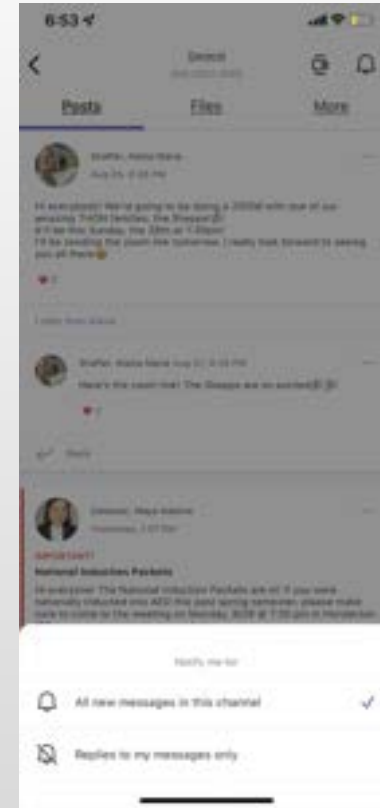
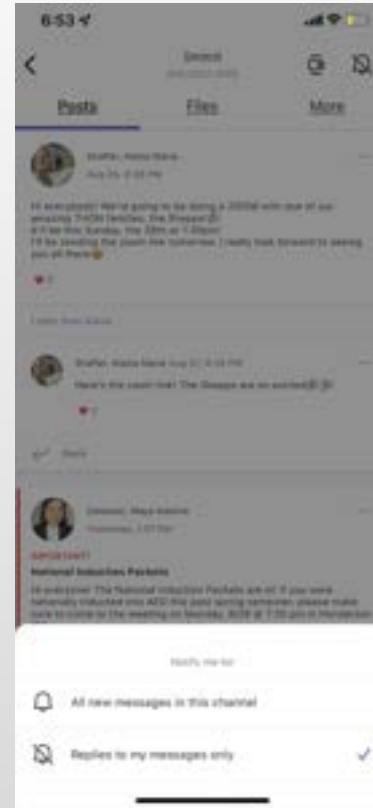
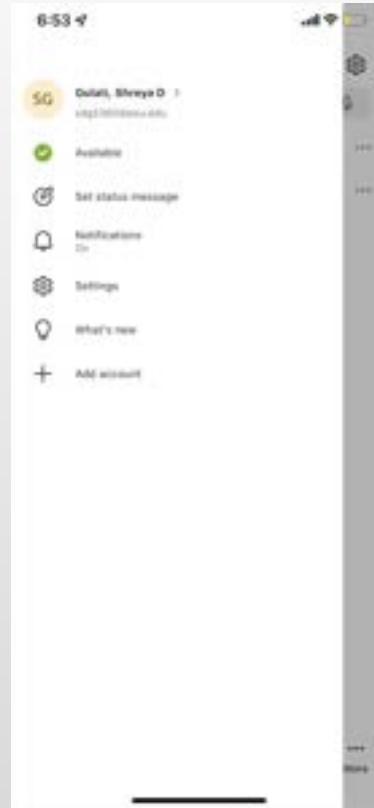
The screenshot shows the website for Alpha Epsilon Delta at Penn State University. The main heading is 'Membership Points: Fall 2022'. Below it is a spreadsheet titled 'Fall 2022 Membership - Sheet1'. The spreadsheet has columns for 'Name', 'PSU EMAIL', and 'Meetings' (Meeting 1, Meeting 2, Meeting 3, Meeting 4, Meeting 5). The 'Meetings' columns contain red checkmarks indicating attendance for each member.

Name	PSU EMAIL	Meeting 1	Meeting 2	Meeting 3	Meeting 4	Meeting 5
Allyssa D'Amico	allyssa.damico@psu.edu	✓				
Lucas Spill	lucasspill@psu.edu	✓				
Spencer Auerbach	spencer.auerbach@psu.edu	✓				
Ben Gammart	ben.gammart@psu.edu	✓				
Joseph Papp	joseph.papp@psu.edu	✓				
Shreyas Gupta	shreyas.gupta@psu.edu	✓				
Madhu Sivadas	madhu.sivadas@psu.edu	✓				
Madhu Srinivasan	madhu.srinivasan@psu.edu	✓				
Janet Chan	janet.chan@psu.edu	✓				
Emily Zhou	emily.zhou@psu.edu	✓				
Pranav Mishra	pranav.mishra@psu.edu	✓				
Yun Sun	yun.sun@psu.edu	✓				
Shreyas Chaturvedi	shreyas.chaturvedi@psu.edu	✓				
Ryan Smith	ryan.smith@psu.edu	✓				
Yashu Londhe	yashu.londhe@psu.edu	✓				
Spencer Goodman	spencer.goodman@psu.edu	✓				
Arjun Chandra	arjun.chandra@psu.edu	✓				
Arjun Reddy	arjun.reddy@psu.edu	✓				

AEDPSU.COM

# TEAMS Tutorial

- Notifications
  - Teams > AED 2022-2023 General > Bell Icon (top right)
  - Settings > Teams App > Notifications > Allow
- Channels
  - General for AED updates & questions
  - Subchairs may also have a specific channel



# THON Updates

Countdown:  
20 Weeks & 3 days!!

# THON points opportunities

- Thank you everyone who attended Playa Bowl's and El Jefe's FTK!  
(1pt ea)
  - Please message me for points!
- TREE -- 10/23
  - 25 uncrushed cans = 1pt
- Upcoming THON Events
  - **THON 5K -- 10/16** (3pts)
  - AED x PEK social -- TBD :(
- Set up your DonorDrive for the 5K!
  - Instructions will be posted in Teams





# THON 5K information!

- **Mary will be coming!!**
- October 16, 2022 at the BJC
  - In-person & virtual
- **Registration** and more information
  - Credit AED at checkout!
- **3 THON points for registering & attending!!**
  - Fill [this](#) out once you register!
- Around The World Challenge (10/9-10/16)
  - DonorDrive Active Impact
  - More information to follow -- check Teams!



# Family Updates!

- **THANK YOU!!!** Everyone who came out to Mary's Zoom thank you for being **AWESOME!!**
  - We all had so much fun! We can't wait for the next one!
  - Stay tuned for upcoming events... crochet class + movie night!
- **More 5K updates with mary coming VERY soon!**
  - We will be **WALKING** together!
  - Planning on getting some pizza together after as well!
- **Shepps are doing great! Very busy with school, gymnastics, and soccer!**
  - Hoping to do another virtual event with them soon, be on the lookout!



Programming Updates

# BRIDGE EVENTS THIS SEMESTER!!

**BRIDGE is a great partner and resource for our AED members. They offer personalized, relevant, informative, and empathetic advice.**



**BRIDGE** at University Park

Medical Student Mentorship Club for PSU Undergraduates

Early October, Time TBD

**Applicant Bootcamp**

Early November, Time TBD

**Mental Health in Medical School Q/A**

**This is the information I have received from Abdul Majeed, the new president of BRIDGE, and BRIDGE may add more events in the future for the semester, so stay tuned for ZOOM links and locations TBD.**

# Hershey Primary Care Day

Primary Care Day will be offered in a **hybrid** mode this year on Saturday, October 15th!

You will get the opportunity to learn more about primary care, medical school, the application process, and student life, as well as interact with current medical students, faculty, and physicians!

If you have not already filled out the survey indicating your interest and preference of attendance, please do so! If you already have, **don't** submit it again!



**PennState**  
College of Medicine

<https://forms.office.com/pages/responsepage.aspx?id=RY30fNs9iU0pwcEVUm61Lrs0SN6Fzg9Mp-t03q7qM4NUMUJIWExNSIVFVU9TVUxJOFBGWFRTNORVVi4u>

# 2023 MCAT Registration

## Registration Opening for January and March-June Exam Dates

The **2023 MCAT exam registration opening will be held on October 25 and 26.** We will open registration for test centers in part of the United States and some international locations on October 25 at noon ET, and in all remaining test center locations on October 26 at noon ET.

If you plan on applying into the **Fee Assistance Program**, you should allow for up to 10 business days for the process and approval of your application- if you have questions, please come talk to me, or email me (maz5348@psu.edu )

## AAMC MCAT Registration Webinar

- Thursday, October 6th at 3:00 pm
- Learn about updates, registration process, and resources available for the 2023 testing year
- [Register now! \(Links to an external site.\)](#)

## General Information

- <https://students-residents.aamc.org/register-mcat-exam/us-mcat-calendar-scheduling-deadlines-and-score-release-dates-0>

# AED Peer Mentorship Program- Due 09/30

## Peer Mentor Application

Juniors & Seniors



## Peer Mentee Application

Freshmen and Sophomores



<https://forms.gle/j1wGWfZ7z2ati7K78>

<https://forms.gle/NfmH9LMRvbrVzFxX6>

# Diversity in Healthcare Taskforce



# Sign-up for DHT Discussion Sessions!

## ***Thank you to those who have already signed up!***

Mary O'Connor, Hannah Wolfe, Claire Davis, Akshata Shastry, Noah Brady, Sarah Manna, Christian Carter, Andres Hollenbeck, Asvin Ranganathan, Shreya gorawala, Emilie Gregory, Harrison Perring, Karen Guo, Kirsten Mahalaris, Miran Rezhan, Bipanpreet Kaur, Lisa Wang, Lauren Healy

***If you haven't signed up yet and you would like to, please do so before the deadline: Tuesday, September 27th at midnight***

## **Reminders:**

- *Those who attend 3 or more discussion sessions will gain access to a priority sign-up for the DHT conference!*
- *Distinguished membership requires 2 DHT points*
  - *Presenting at a discussion session: 2 points*
  - *Attending a discussion session: 1 point*



**Scan here to sign-up!  
The form will also be  
sent out in the recap  
email**

# Discussion Sessions Info Session this Thursday!

***Thursday, September 29th at 7pm in Willard 060***

***\*Only for those who signed up to present!\****

- ***Meet your group members and Discussion Leader***
- ***Review general info about the discussion sessions***
- ***Examples of past presentations will be shared***
- ***Begin picking discussion topics and presentation dates***
- ***Should be pretty short, but it's important that you come!***

***\*\*If you signed up to participate and cannot attend for some reason, please let Maddy know ASAP!***



**Scan here to sign-up!  
The form will also be  
sent out in the recap  
email**

# GUNTER-GOODING DEI LECTURE SERIES IN NURSING



FOR MORE INFO, SCAN  
THE QR CODE OR VISIT:  
[NURSING.PSU.EDU/EVENT](https://nursing.psu.edu/event)

Participants with a valid RN license that attend the entire Nursing Continuing Professional Development program (NCPD), can earn 1.0 contact hours.; partial contact hours are not awarded. Penn State Ross and Carol Nese College of Nursing is approved with distinction as a provider of nursing continuing professional development by the Pennsylvania State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. U.Ed.NURS 22-23



**PennState**  
Ross and Carol Nese  
College of Nursing

WEDNESDAY, OCTOBER 5 | HUB Freeman Auditorium | 10:00 a.m.–12:00 p.m.

IN-PERSON & VIRTUAL



## FROM THE HALL TO THE WALLS A Racial Reckoning in Nursing

featuring

**G. RUMAY ALEXANDER**, EdD, RN, FAAN

Professor of Nursing; Assistant Dean of Relational Excellence  
Adams School of Dentistry  
University of North Carolina at Chapel Hill

Cosponsored by:



**PennState**  
Student Affairs

Paul Robeson  
Cultural Center



**DHT Point Opportunity! If you send me proof of attendance or find me at the discussion, I will give you 1 DHT point! Feel free to message me if you'd like to sit together too :)**

**Volunteer Opportunities**

# Pumpkin Fest: Friday 10/7 - Sunday 10/9

Location: PSU Arboretum!

Time: See spreadsheet - time slots vary

- A fun yearly tradition at the Penn State Arboretum
- Not just carved pumpkin competition, but also tons of activities and even food!
- Lots of different volunteer activities and times to choose from!
- This event is pretty much entirely volunteer-run and we need all hands on deck!

Sign-Up Link:

<https://tinyurl.com/aedpumpkinfest>



# Penn State College of Medicine Mobile Health Clinic Volunteering

Date: Saturday, October 22

Location: Philipsburg, PA

Time: 8-11 AM

- Food distribution
- Possibly influenza vaccinations
- More opportunities in the future!

Sign-Up: <https://tinyurl.com/y9kctv4r>

Those who signed up for tomorrow, please see me  
after the meeting!



# Lion's Pantry Work Days: Flexible Opportunity

- Fight food insecurity and support your fellow students in need!
- On campus opportunity, so no transportation needed!
- Join Lion's Pantry's Teams here:  
<https://tinyurl.com/msafcx5r>
- Through the Teams, you can sign up to join the weekly workdays!



the  
**LION'S  
PANTRY**



**Socials and Community**



# Get engaged!

## Instagram!



Check out the  
Instagram for daily  
posts



## Facebook!

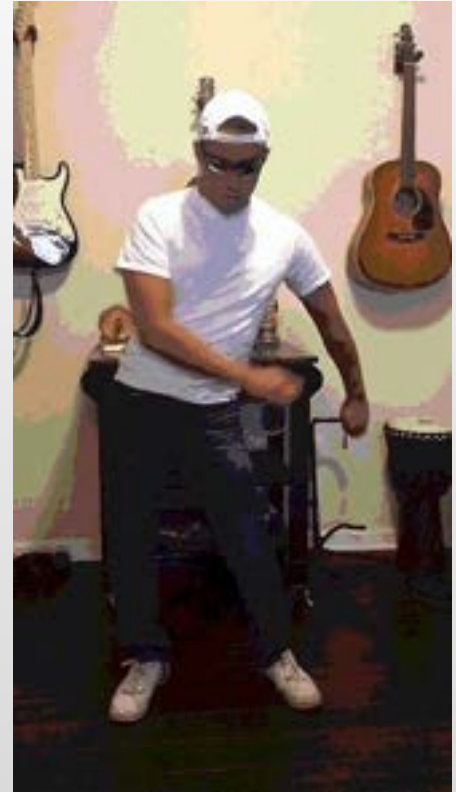


# Social Update!

- Currently planning a game night so please fill out this Google Forms so I have some information.



- Next social will be another tailgate this weekend
  - Different location so stay on the lookout for that
  - Sign-up will be sent out Wednesday



# JOIN THE NEW GROUPME

We have decided to make a new GroupMe for casual conversations where you can talk about basically anything related to school and not just AED!

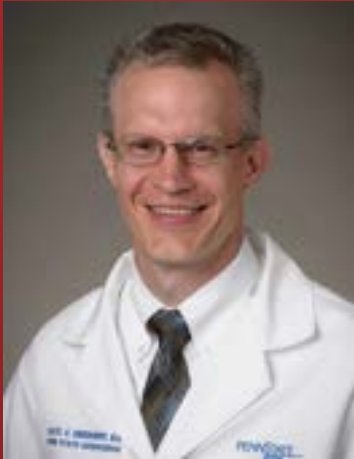


1. AED Resources
2. Penn State Resources
3. Pre-Health Advising Office Sessions
4. RWJBarnabas Medical Scribe
5. 2023 MCAT Registration

## Appendix Section

# Speakers: Dr. Paul Sherbondy & Jennifer Hosband, PA-C

Sports Medicine, Surgery  
Penn State Orthopaedics



# Alpha Epsilon Delta Pre-Health Honors Society

3rd Meeting - 09/26/22

[Scan for an attendance point!](#)



# Appendix

Here is a [link to download our Volunteer Placement Tool](#). Follow the instructions to find local organizations in State College with which you can earn service hours and impact your community!

Here is our website: [AEDPSU.COM](https://www.aedpsu.com)

- Follow the tabs at the top of the page to learn more about the club and get involved
- Use the Member Resources Tab to track your membership points, find meeting PPTs, and check out our event calendar

Want access to more workshops/knowledge powerpoints?

<https://drive.google.com/drive/folders/1552nlx2bh7EGRqNL2a1PwcywlrUqbA4k?usp=sharing>

# AED Resources

***psuaedsecretary@gmail.com***

Your contact for all questions about membership points

***Step 1: Download Microsoft Teams.***

***Step 2: Sign in with your PSU account!***

***Step 3: Follow this link or the QR code to join the General Body Chat.***

**[https://teams.microsoft.com/l/channel/19%3aD\\_cj5ujjJ6zmcw0ci2qzc8ggzkyfYHGrsZoH5GJDGgMs1%40thead.tacv2/General?groupId=88a0aed6-62ce-461a-944a-4e69f2d6467b&tenantId=7cf48d45-3ddb-4389-a9c1-c115526eb52e](https://teams.microsoft.com/l/channel/19%3aD_cj5ujjJ6zmcw0ci2qzc8ggzkyfYHGrsZoH5GJDGgMs1%40thead.tacv2/General?groupId=88a0aed6-62ce-461a-944a-4e69f2d6467b&tenantId=7cf48d45-3ddb-4389-a9c1-c115526eb52e)**



## Newsletters

- [Pre-Health Advising Newsletter](#)
- [Eberly College of Science Office of Science Research](#)
- [Undergraduate Research and Fellowships Mentoring Office](#)

## Website Links

- [Pre-Health Advising Website](#)
- [Eberly College of Science Website](#)

# Penn State Resources!

Explore these links. Sign up for more things. Everything on the pre-health journey is available to you at Penn State.

The prehealth advising office will provide you your roadmap. These advisors are there to help and guide you.

In addition to the college of science, you want to check out the other colleges (HHD, Agriculture, etc.)

## Fall Sessions

- The Color of Care - September 12 @ 5PM, 111 Wartik Lab
- Application Year Kickoff - September 21 @ 6PM, 110 Wartik Lab
- ARMY sponsored "Stop the Bleed" training - October 25 @ 6PM, 108 Wartik Lab
- Health Professions Scholarship Program (ARMY) - November 15 @ 6PM, 108 Wartik Lab
- Planning Your Application Year - PA Applications\* - TBD

# Pre-Health Advising Office

If you are not a part of the pre-health advising canvas page, we highly suggest that you join in order to be updated with a plethora of information regarding the pre-health application processes.

This is a great resource for students of all interests in the pre-health field.

For PreHealth students who are New Jersey residents or students/alumni considering a gap year in New Jersey:

RWJ Barnabas Health is holding a **Medical Scribe Virtual Information Session on Wednesday, 10/19/2022 from 4PM – 5PM.** Please click the link below to register.

**REGISTER NOW**

**(Links to an external site.)**

***Please note: Everyone who signs up will receive a link via email to join the session 24 hours prior.***

RWJBH Leadership will provide details on the Medical Scribe role, describe the candidates they are looking for, review the application process, and take time at the end for questions.

For questions about the virtual information session, please contact [Joseph.Welsh@rwjbh.org](mailto:Joseph.Welsh@rwjbh.org).

# Medical Scribe Position

**PURSUE A CAREER IN MEDICINE?** APPLY NOW FOR A MEDICAL SCRIBE POSITION AT RWJ BARNABAS HEALTH!

To apply, scan QR code below:

- Work directly alongside clinicians as an active member of the healthcare team
- Develop expert documentation skills and learn about medical decision making
- Gain valuable healthcare experience in a clinical setting

Or go to [www.rwjbh.org/scribe](http://www.rwjbh.org/scribe)

**APPLICATION REQUIREMENTS**

- College-level science courses
- Experience in a direct patient care environment preferred
- Responsible & detail-oriented individual with a passion for medicine!

**RWJ Barnabas HEALTH**

For questions about the position or application process, please contact Amanda Benavente at [amanda.benavente@rwjbh.org](mailto:amanda.benavente@rwjbh.org)

The poster features a map of New Jersey with several red dots indicating various locations where the Medical Scribe position is available. The background is a blurred image of a person in a white lab coat, likely a healthcare professional.

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