

Alpha Epsilon Delta

Pre-Health Honors Society

4th Meeting - 10/10/22

Scan to join
our Teams
group!



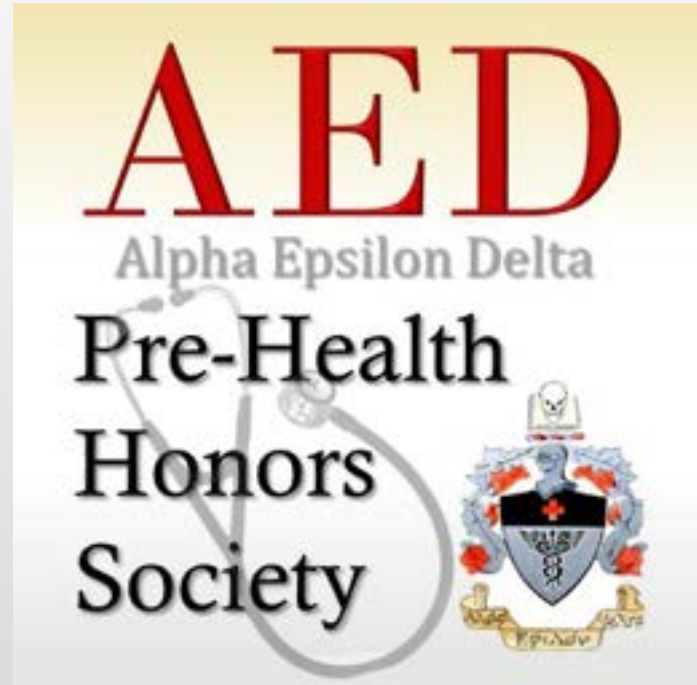
Scan for an
attendance
point!



General Body Updates

National Induction

If you were nationally inducted this past Spring semester and still need to pick up your packet, either see me after the meeting or email me, maz5348@psu.edu, to schedule a time to pick your packet up.



THON Updates

Countdown:
18 Weeks & 3 days!!

THON points opportunities

- Thank you everyone who attended Raisin' Canes FTK! (1pt)
 - Please message me for points!
- TREE
 - 25 uncrushed cans = 1pt
 - 2 bonus points for most cans at semester end
- Upcoming THON Events
 - Around The World Challenge 10/9-10/16 (1pt)
 - **THON 5K -- 10/16** (3pts)
 - AED Jeopardy Night --10/19 (2 THON pts/1 activity pt)
 - 6-8pm Ag Engineering 113
 - Halloween Movie Night (red)
- Set up your DonorDrive for the 5K! (blue)
 - Instructions posted in Teams



THON 5K information!

- **Mary will be coming!!**
- October 16, 2022 at the BJC
 - In-person & virtual
- **Registration** and more information
 - Credit AED at checkout!
- **3 THON points for registering & attending!!**
 - Fill [this](#) out once you register!
- **Around The World Challenge (10/9-10/16)**
 - \$1/mile + pledge sponsoring!
 - Set up in DonorDrive App

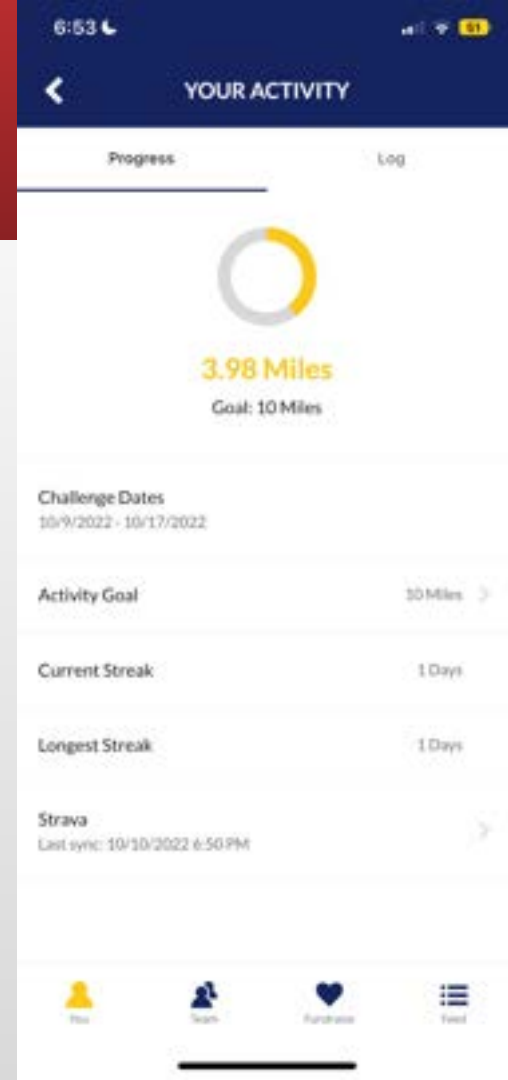


Around The World Challenge

- \$1 per mile for 25,000 miles around the world!
- Pledge sponsoring in addition!
 - Custom amount per mile with maximum donation total

Registration

- Virtual 5K Team “Alpha Epsilon Delta THON 5K” >> ‘Runner’
 - Captain: Shreya Gulati
 - Fundraising goal, public number 65
- DonorDrive App event “2022 Virtual THON 5K”
 - Set up Activity Tracking
 - Miles goal, choose tracking app (Apple Health, Fitbit, Strava)
 - Activate Workouts to log activity (check log in app)



Family Updates!

Mary & 5K Plans

- MARY & HER DAD ARE COMING!!!
- We will be adding everyone who signed up on the google form to a specific teams channel Sunday morning.
- Meet at the BJC Sunday morning 10am
- Walk together (those who want).
- Meet up again after everyone is done.
- Planning to get take out and go to someone's apartment to eat/hang out with Mary & her dad.
 - Carpooling available!

Clara & The Shepps

- They have been very involved in school & gymnastics!
- Be on the lookout for a virtual event soon!



AED Merchandise



Hoodies (\$30):

- Small: 2
- Medium: 1

Joggers (\$17)

- Small: 1

Venmo: Alex-Auerbeck

MERCH ORDER FORM

- All orders must be placed by Oct 25th (fill out form)
- Total money due will be given to you at the end of October
- Pay before Thanksgiving break
 - **Cash, venmo, check**

*Prices on google form will not increase but may decrease



Programming Updates

BRIDGE EVENTS THIS SEMESTER!!

BRIDGE is a great partner and resource for our AED members. They offer personalized, relevant, informative, and empathetic advice.



BRIDGE at University Park

Medical Student Mentorship Club for PSU Undergraduates

October 13th, 7:00pm in Wartik 110

Applicant Bootcamp

November 9th, 7:00pm, Location TBD **Mental Health in Medical School Q/A**

This is the information I have received from Abdul Majeed, the new president of BRIDGE, and BRIDGE may add more events in the future for the semester, so stay tuned for more information and locations.

BRIDGE EVENTS THIS SEMESTER!!

October 13th, 7:00pm in Wartik 110

Applicant Bootcamp



BRIDGE at University Park

Medical Student Mentorship Club for PSU Undergraduates

This event will count as **1 activity point** toward **distinguished membership!!**

<https://forms.gle/ap5W12N-PwsMpKXXZ6>

Hershey Primary Care Day

Primary Care Day will be offered in a **hybrid** mode this year on Saturday, October 15th!

You will get the opportunity to learn more about primary care, medical school, the application process, and student life, as well as interact with current medical students, faculty, and physicians!

Stay tuned for more information about attending this event!

Attendance and participation will count as **2 activity points!**



PennState
College of Medicine

Hershey Primary Care Day



PennState
College of Medicine

For those interested in attending Primary Care Day, please read!!

PreHealth Advising has announced that Primary Care Day (October 15th) is being offered both in-person and virtually via zoom. Students have the following attendance options:

1. In person at Penn State College of Medicine in Hershey
2. Remote viewing at University Park in a room reserved by the PreHealth Advising Team (light refreshments will be provided)
3. Remotely from home

For those attending in person, PreHealth Advising will reserve a bus for transportation to Hershey. However, **an RSVP is required ASAP, so that they can plan accordingly.**



SCAN ME

2023 MCAT Registration

Registration Opening for January and March-June Exam Dates

The **2023 MCAT exam registration opening will be held on October 25 and 26.** We will open registration for test centers in part of the United States and some international locations on October 25 at noon ET, and in all remaining test center locations on October 26 at noon ET.

If you plan on applying into the **Fee Assistance Program**, you should allow for up to 10 business days for the process and approval of your application- if you have questions, please come talk to me, or email me (maz5348@psu.edu)

AAMC MCAT Registration Webinar

- Thursday, October 6th at 3:00 pm
- Learn about updates, registration process, and resources available for the 2023 testing year
- [Register now! \(Links to an external site.\)](#)

General Information

- <https://students-residents.aamc.org/register-mcat-exam/us-mcat-calendar-scheduling-deadlines-and-score-release-dates-0>

AED Peer Mentorship Program

UPDATES!

- Subchairs are working on generating compatible mentor-mentee matches
- If you applied to be a mentor or mentee, keep an eye out for an email from either myself or one of the mentorship subchairs with important information about the program and your match!
- Meetings typically occur either before or after GBM meetings and most of program is outside engagement!

Geisinger Commonwealth School of Medicine Information Session

When: Thursday, October 27, 6-7 PM

Where: Willard 060



Geisinger
Commonwealth
School of Medicine

Who: Ms. Deidre Jones, Associate Director of Admissions at GCSOM

What: Information session about GCSOM, but also the medical school application process in general. A great chance to talk to a professional about admissions - helps to network and/or receive good advice!

1 activity point offered for attendance!

Diversity in Healthcare Taskforce

Upcoming Discussion Sessions

Date	Time	Location	Topic
Wednesday 10/19	7:30pm	Willard 158	Regional disparities in healthcare within the US
Wednesday 10/26	6pm	Willard 060	Racial Disparities In Medicine
Wednesday 10/26	7pm	Willard 060	Does the teaching method of medical schools have an impact on mental health?
Monday 11/7	6pm	Willard 069	Infant mortality rates
Friday 11/11	6pm	Willard 060	Healthcare Access in Under-privileged Areas
Thursday 11/17	7pm	Willard 060	Accessibility for the Visually and Auditorily Disabled
Thursday 12/1	7pm	Willard 060	Topic TBD
Thursday 12/8	7:30pm	Willard 158	Mental Health Stigma in Healthcare

You will receive 1 DHT point for attending a discussion session!

****Reminder: you need 2 DHT points for distinguished membership. Any DHT points over 2 will count as activity points. If you come to all 8 discussion sessions, that's all your DHT and activity points!!**

REGIONAL DISPARITIES IN U.S. HEALTHCARE

WEDNESDAY, OCTOBER 19TH

7:30PM
WILLARD 158



Volunteer Opportunities

Penn State College of Medicine Mobile Health Clinic Volunteering

Date: Saturday, October 22

Location: Philipsburg, PA

Time: 8-11 AM

- Food distribution
- Possibly influenza vaccinations
- More opportunities in the future!

Sign-Up: <https://tinyurl.com/y9kctv4r>



Trunk or Treat!



Date: Friday, October 28 (& crafting beforehand)

Location: Centre County YMCA

Time: 3:30 - 5 PM and/or 5 - 7:30 PM on Friday

- Games with kids
- Handing out candy
- Setup/Takedown of table
- Carpooling will be arranged

Sign-Up: <https://forms.gle/zLo6CzBvr5NgQ5Ly6>



Shaver's Creek Environmental Center

Date: Sunday, November 13

Location: Shaver's Creek Environmental Center

Time: 11:30 AM - 2:30 PM

- Keeping the grounds of Shaver's Creek healthy and beautiful!

Sign-Up: <https://tinyurl.com/mpc8bk3z>



Socials and Community

Get engaged!

Instagram!



Check out the
Instagram for daily
posts



Facebook!



Social Update!

- Next Event:
 - **AED Jeopardy Night**
 - When?
 - **10/19 from 6-8pm**
 - Where?
 - **Ag Engineering 113**
 - **2 THON points & 1 Activity point**
 - Sign up with this Google Forms
- I will be hosting a **gap year workshop!**
 - Where? **Borland 112**
 - When? **10/24 from 7-7:30pm**
 - Worth **1 Activity point**



1. AED Resources
2. Penn State Resources
3. Pre-Health Advising Office Sessions
4. RWJBarnabas Medical Scribe
5. 2023 MCAT Registration

Appendix Section



Speaker: Dr. Cassandra Simonetta, MD



Dermatologist & Mohs Surgeon at
Penn State Health,
Assistant Professor of Dermatology at Penn State
College of Medicine

Alpha Epsilon Delta Pre-Health Honors Society

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[Scan for an attendance point!](#)



Appendix

Here is a [link to download our Volunteer Placement Tool](#). Follow the instructions to find local organizations in State College with which you can earn service hours and impact your community!

Here is our website: [AEDPSU.COM](https://www.aedpsu.com)

- Follow the tabs at the top of the page to learn more about the club and get involved
- Use the Member Resources Tab to track your membership points, find meeting PPTs, and check out our event calendar

Want access to more workshops/knowledge powerpoints?

<https://drive.google.com/drive/folders/1552nlx2bh7EGRqNL2a1PwcywlrUqbA4k?usp=sharing>

AED Resources

psuaedsecretary@gmail.com

Your contact for all questions about membership points

Step 1: Download Microsoft Teams.

Step 2: Sign in with your PSU account!

Step 3: Follow this link or the QR code to join the General Body Chat.

https://teams.microsoft.com/l/channel/19%3aD_cj5ujjJ6zmcw0ci2qzc8ggzkyfYHGrsZoH5GJDGgMs1%40thead.tacv2/General?groupId=88a0aed6-62ce-461a-944a-4e69f2d6467b&tenantId=7cf48d45-3ddb-4389-a9c1-c115526eb52e

Newsletters

- [Pre-Health Advising Newsletter](#)
- [Eberly College of Science Office of Science Research](#)
- [Undergraduate Research and Fellowships Mentoring Office](#)

Website Links

- [Pre-Health Advising Website](#)
- [Eberly College of Science Website](#)

Penn State Resources!

Explore these links. Sign up for more things. Everything on the pre-health journey is available to you at Penn State.

The prehealth advising office will provide you your roadmap. These advisors are there to help and guide you.

In addition to the college of science, you want to check out the other colleges (HHD, Agriculture, etc.)

Fall Sessions

- The Color of Care - September 12 @ 5PM, 111 Wartik Lab
- Application Year Kickoff - September 21 @ 6PM, 110 Wartik Lab
- ARMY sponsored "Stop the Bleed" training - October 25 @ 6PM, 108 Wartik Lab
- Health Professions Scholarship Program (ARMY) - November 15 @ 6PM, 108 Wartik Lab
- Planning Your Application Year - PA Applications* - TBD

Pre-Health Advising Office

If you are not a part of the pre-health advising canvas page, we highly suggest that you join in order to be updated with a plethora of information regarding the pre-health application processes.

This is a great resource for students of all interests in the pre-health field.

For PreHealth students who are New Jersey residents or students/alumni considering a gap year in New Jersey:

RWJ Barnabas Health is holding a **Medical Scribe Virtual Information Session on Wednesday, 10/19/2022 from 4PM – 5PM.** Please click the link below to register.

REGISTER NOW

(Links to an external site.)

Please note: Everyone who signs up will receive a link via email to join the session 24 hours prior.

RWJBH Leadership will provide details on the Medical Scribe role, describe the candidates they are looking for, review the application process, and take time at the end for questions.

For questions about the virtual information session, please contact Joseph.Welsh@rwjbh.org.

Medical Scribe Position

PURSUING A CAREER IN MEDICINE? **APPLY NOW FOR A MEDICAL SCRIBE POSITION AT RWJ BARNABAS HEALTH!**

To apply, scan QR code below

Or go to www.rwjbh.org/scribe

Work directly alongside clinicians as an active member of the healthcare team

Develop expert documentation skills and learn about medical decision making

Gain valuable healthcare experience in a clinical setting

APPLICATION REQUIREMENTS

College-level science courses

Experience in a direct patient care environment preferred

Responsible & detail-oriented individual with a passion for medicine!

RWJ Barnabas HEALTH

For questions about the position or application process, please contact Amanda Bonaventura at amanda.bonaventura@rwjbh.org

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