

# Alpha Epsilon Delta Information Session

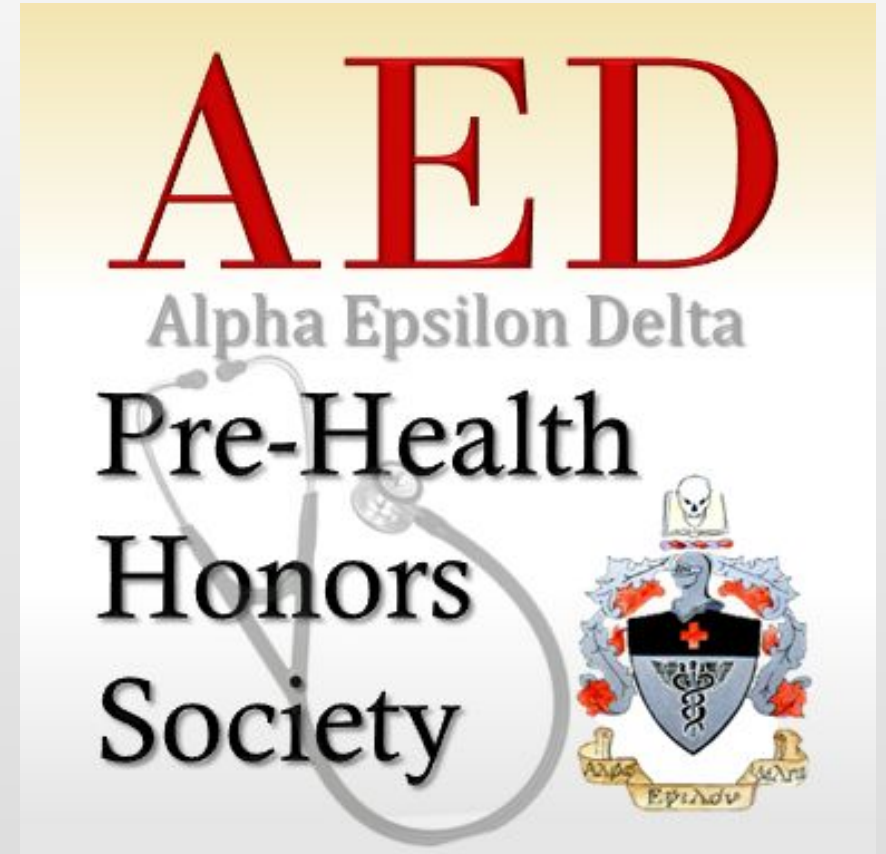
1st Meeting - 8/28/23

[Scan to join our Teams!](#)



# Welcome to the AED Information Session!

- **Nationally** recognized Pre-Health Professional Honors Society
- Introduction/Updates for newcomers
- Refreshers for returning members





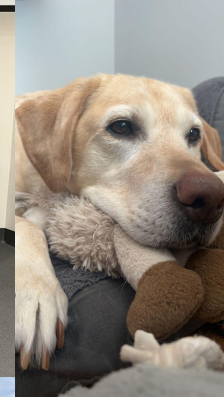
# Who we are and what we do

- Nationally recognized Pre-professional Health Honors Society
- Pennsylvania Beta chapter
- AED caters to students who are on career paths toward
  - Doctors (MDs, DOs, and PhDs!)
  - Dentistry, Chiropractic, Physical Therapist, Physician Assistant, Nurse Practitioners, Nurses!
  - Hospital Administration!
  - And many others that are going into the allied health field!





# President



**Maya Zalewski** (she/her/hers)

**Contact:**  
(845)304-3774  
maz5438@psu.edu

**Major:** Biobehavioral Health

**Minors:** Biology & Neuroscience

**Year:** Fourth

**Hometown:** Rockland County, NY

**Years in AED:** 3

**Plan:** MD/MPH Program



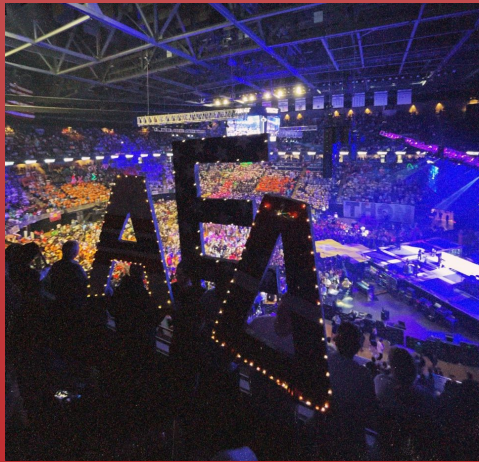
# Vice President



**Hannah Mirshahi** (she/her/hers)

**Major:** Biochemistry  
**Year:** Third  
**Hometown:** Lewisburg, PA  
**Years in AED:** 2  
**Plan:** MD/PhD Program





# Secretary

Jennifer Acocella  
(She/Her)

Major: Psychology - Neuroscience

Minors: Biology & Neuroscience

Year: Fourth

Hometown: Westchester, NY

Years in AED: 3

Plan: PA School

Contact: (914)374-6188

jaa6132@psu.edu





# Treasurer

Cade Walker  
(He/Him)

Major: BBH

Minor: Global Health

Year: Fourth

Hometown: Bigler, PA

Years in AED: 2

Plan: Med School





# Public Relations



**Andres Hollenbeck** (he/him)

Major: Science B.S, Biological Sciences  
and Health Professions Option

Minor: Psychological Sciences

Year: 4th Year

Hometown: San Diego, CA

Years in AED: 2

Plan: Medical School





# Diversity in Healthcare Task Force Discussion Sessions Director

Laura Cooney  
(she/her)

Major: Biology

Year: Third

Hometown: Pennsburg, PA

Years in AED: 2

Plan: Physician Assistant

School (Applying SP2024)

Contact: [lmc6418@psu.edu](mailto:lmc6418@psu.edu)  
or on teams!





# Diversity in Healthcare Task Force Conference Director



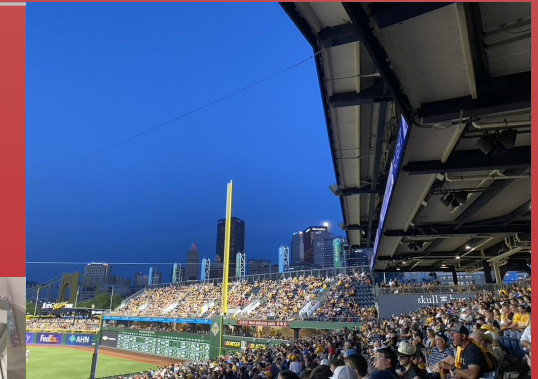
**Mikaili Puckerine**  
**He/Him**

Major: Biology  
Year: Senior  
Hometown: Boston Massachusetts  
Years in AED: 3  
Plan: Medical School!



# Primary THON Chair

Joanna Delaney (she/her)  
Major: Kinesiology- Movement  
Science Option  
Masters: IUG Master's in Public  
Health  
Year: Fourth Year  
Hometown: Pittsburgh, PA  
Years in AED: 3  
Plan: Athletic Training or HIV  
Prevention/Advocacy





# Family Relations

Om Pattarkine

Major: Biochemistry  
and Molecular  
Biology

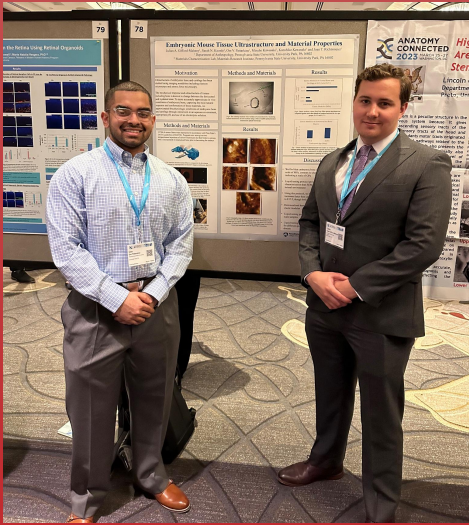
Year: Third

Hometown:

Mechanicsburg, PA

Years in AED: 3

Plan: Medical School  
(with a gap year)





# Service

- Weekly service event series
  - Bracelets for breast cancer awareness month
  - Blankets for pediatric cancer patients
  - COVID vaccination card holder making
- Medical exposure opportunities
  - Penn State Mobile Health Clinic
  - **Lion Care Free Clinic**
  - PSCOM health literacy initiatives
- Long-term volunteering groups





# PSCOM Lion Care Free Clinic

Lion Care is PSCOM's student-run free clinic in Tyrone, PA.

The clinic's mission is to improve the access to medical care in under-resourced communities of central Pennsylvania.

- Volunteer application to be introduced next general body meeting (Sept 11)
  - Requires resume and two short essay questions
  - 2-3 volunteers per clinic will be selected by blind review
  - Mainly shadowing this semester, but role will expand!
- Lion Care donation drives also coming later this fall!



PennState  
College of Medicine

LionCare

## ***Free Walk-in Clinic in Tyrone, PA***

We provide healthcare to patients of all ages,  
regardless of insurance and ability to pay!

**Location: Tyrone Hospital Rural Health Center**

5 Hospital Drive Tyrone, PA 16686

(814)-682-2108

### 2023 Clinic Days

Aug. 26  
Sept. 23  
Oct. 21  
Nov. 11  
Dec. 16

Walk-in Hours: 9am-1pm

### Our Services

- Urgent care visits
- General Medical check -up
- Prescription refills
- Work and driver's license physicals
- Medicare/Medicaid application help

Email: [lioncaretyrone@gmail.com](mailto:lioncaretyrone@gmail.com)

Facebook: [Lioncare Tyrone](#)



# What is THON?

- Largest student-run philanthropy in the world
- Year-long effort to raise money for pediatric cancer
- Ends in a 46 hour no-sitting, no-sleeping dance marathon
- Feb. 16-18, 2024 in the BJC!
- Each organization gets paired with a family or families who are affected by pediatric cancer
  - We are paired with the Torres family and the Shepps family





# Meet the Shepps!!





# Meet Mary Torres!!





# What is the DHT? How can I be involved?

## Diversity in Healthcare Conference

- Opportunity to discuss issues and work towards solutions for disparities in healthcare
- Last year's conference had over 100 participants!
- Attendees receive a certificate from Penn State Hershey College of Medicine
- Best solutions for healthcare disparities receive monetary prize!





# DHT Discussion Sessions

## Options for involvement

- Subchair (No extra points for this role, but you get 2 DHT points for presenting)
  - Great opportunity if you want to get into AED leadership
  - Still very manageable with your schedule
    - Arrange a few meetings with your group and attend other presentations
  - Make sure the presentation group stays on track with the timeline and contribute to the presentation
  - Applications due 11:59 PM on Friday 09/15/23
- Presenter (2 points)
  - Be part of a presentation on a health care disparity of your choice with 2-3 other people
  - Applications also due 11:59 PM on Friday 09/15/23
- Attend presentations and discussions (1 point per session)



# Extra Ways to Get DHT Points

## Attend diversity focused events around campus

- The events on this website are pre-approved for 1 point each:

<https://fbdiversity.psu.edu/diversity-inclusion-calendar-events>

- Send proof of attendance to Laura or Mikaili via Teams

## Or send in your own events if you attend something that relates to diversity in health care

- Again, send proof of attendance via Teams, as well as a description of the event



# What do we offer?

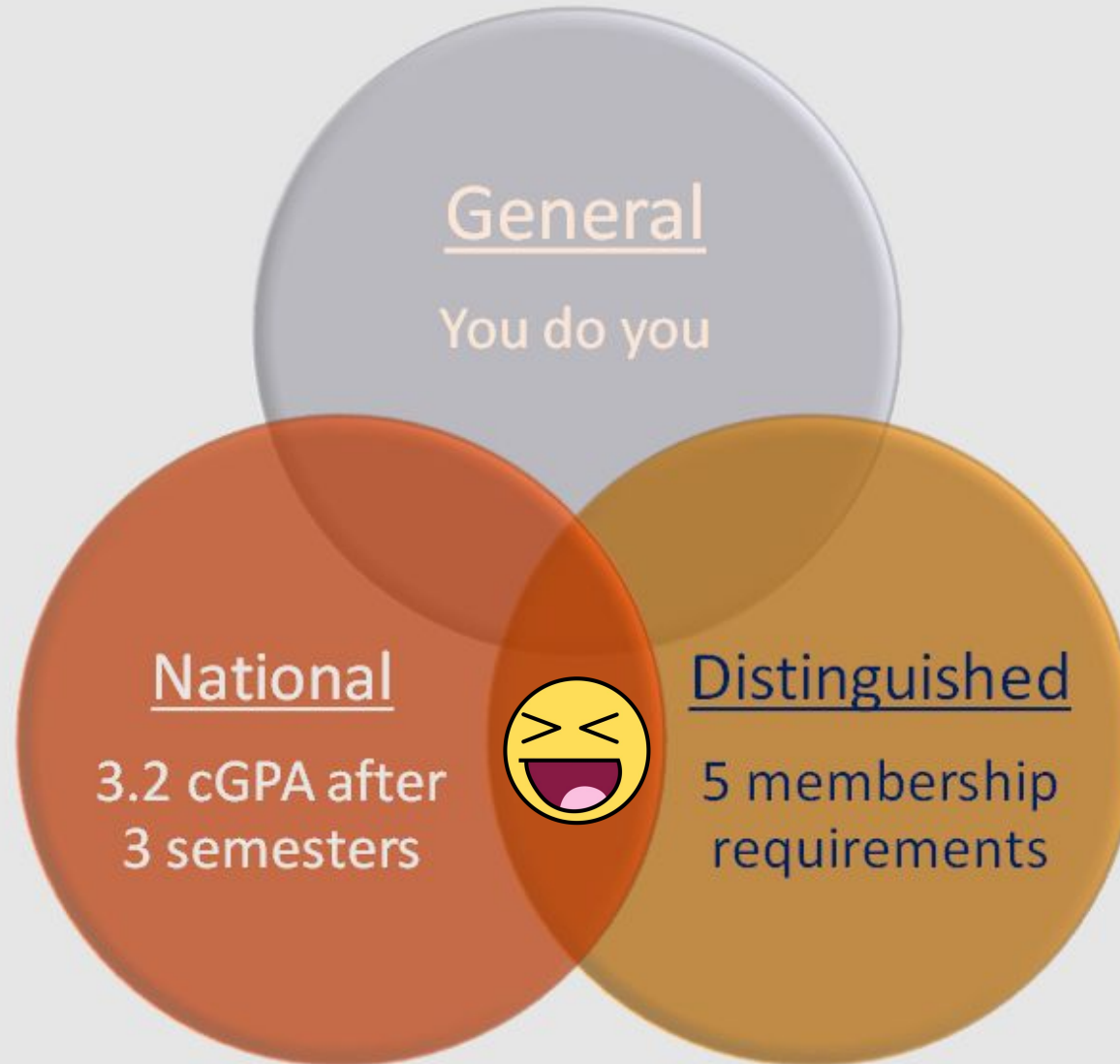




# National Induction and Distinguished Membership

## National

- Be inducted into a national pre-health organization
- Must submit an additional application
- Receive graduation cords
- Apply for scholarships

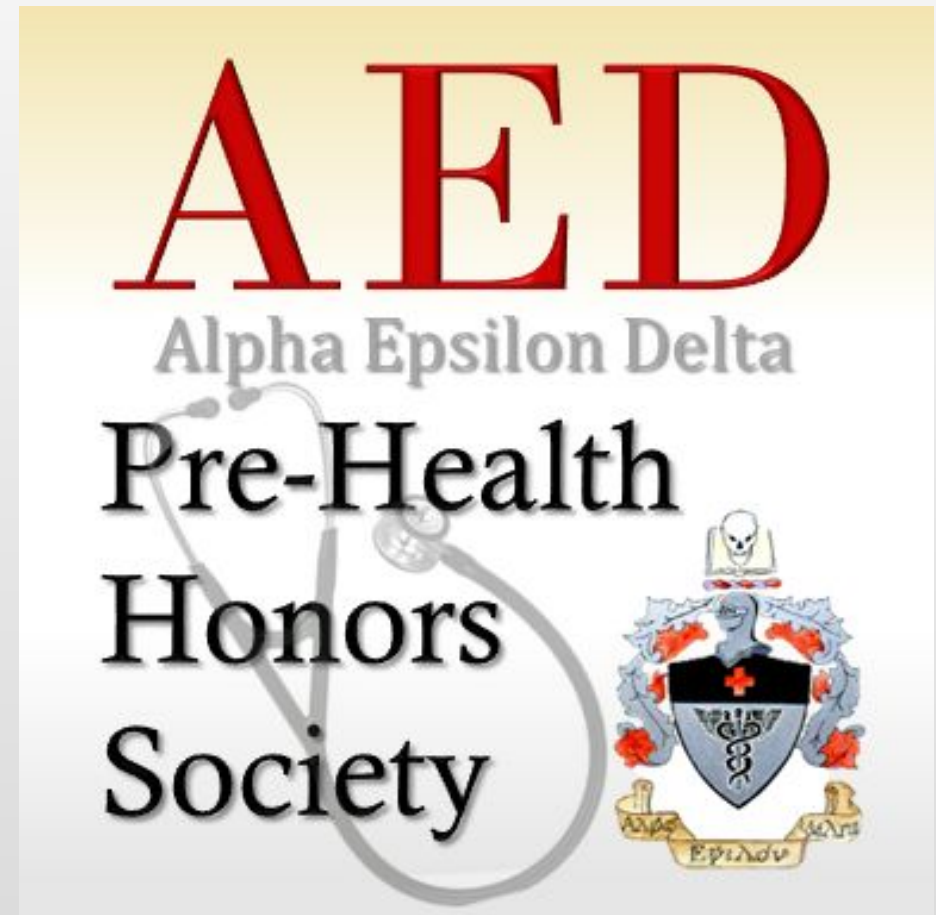


## PSU

- General membership is highly flexible
- Can take part in as many opportunities as you like
- Distinguished membership requires further involvement
- Can demonstrate commitment and leadership

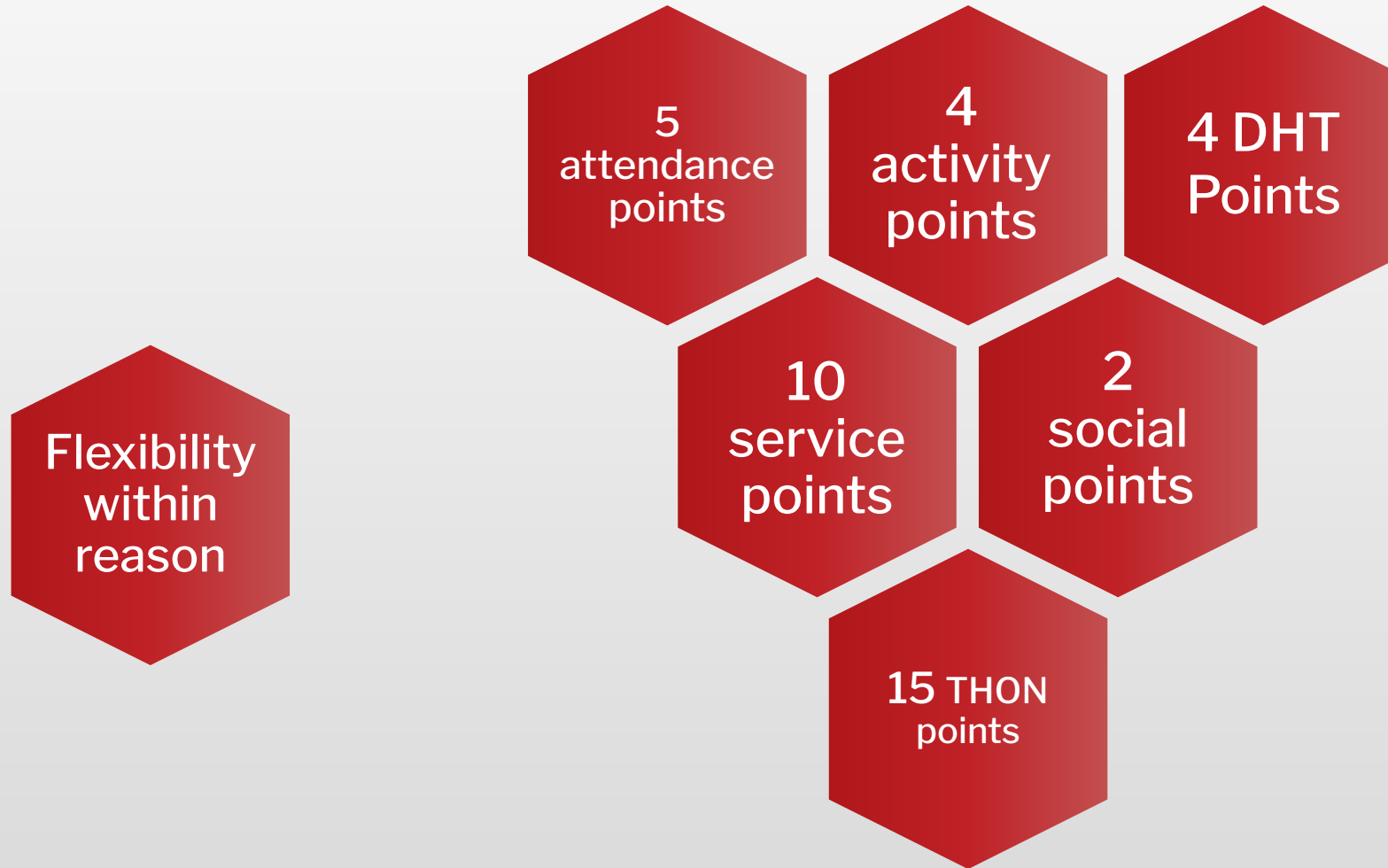
# National Induction

If you were nationally inducted this past Spring semester, **PLEASE** come up to the front of the room **AFTER** the meeting to pick up your packet.





# Requirements for Distinguished Membership



# 3 THON Points Opportunity!!- THON Spikes

## State College Spikes Baseball Game

- Thursday at 6:35pm
- Link to buy tickets below
- <https://www.ticketreturn.com/prod2new/BuyNew.asp?EventID=332699&promocode=THON>
- Can also buy tickets in-person before the game
- Credit your donation to AED as you arrive at the game with a Finance Captain

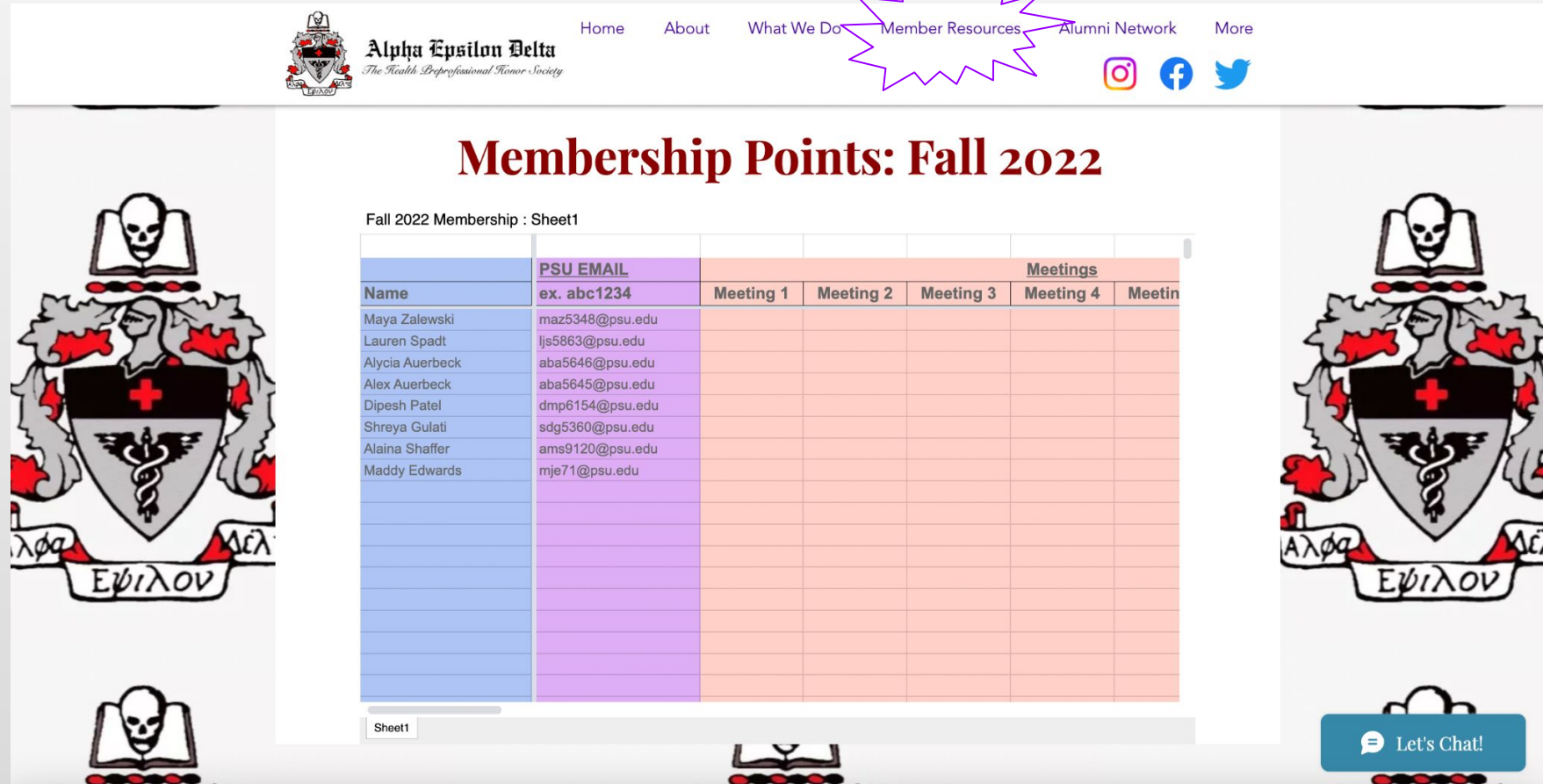
If you buy your ticket online use this form to make sure you get your THON points :)

<https://forms.gle/yMo4FMPxsot41yRh6>





<https://www.aedpsu.com/>



# General Body Meetings and Speakers

- Expert healthcare professionals at general body meetings
  - Journey into healthcare, day-to-day life, introduce specialty, present case studies
  - Happy to answer any and all student questions

## Upcoming Speakers and Programming:

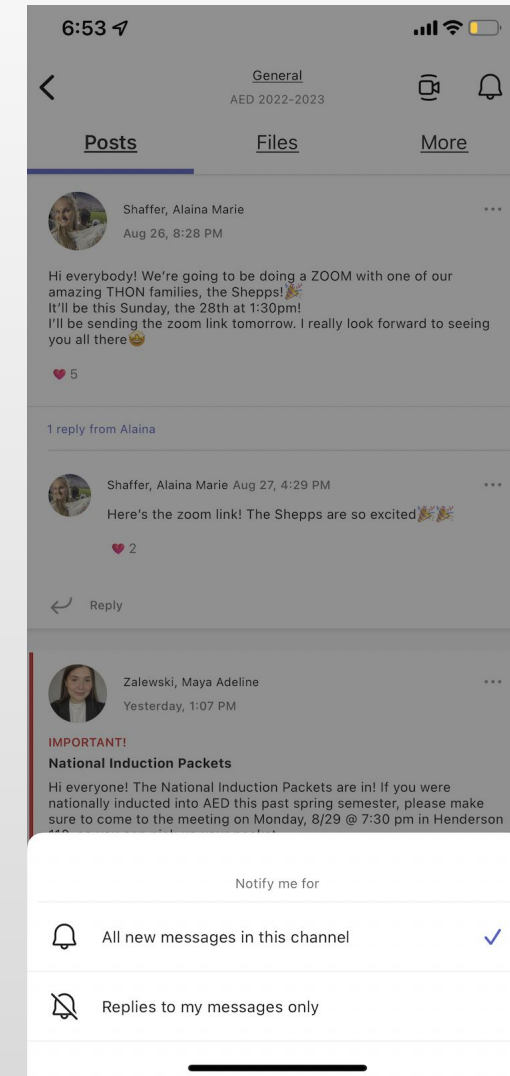
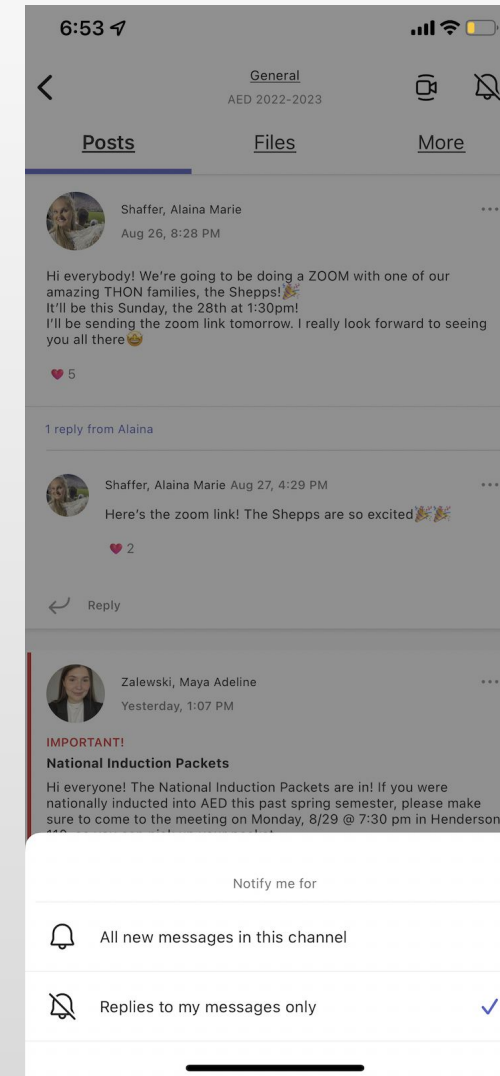
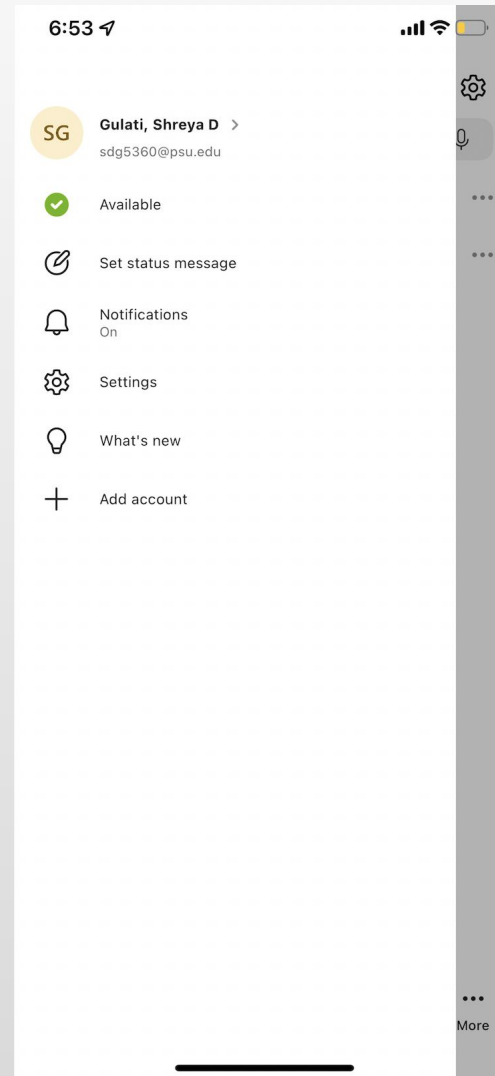
Aug 29 – University of Kentucky MD/PhD Program virtual open house (1 activity pt)

Sept 11 – **Cassandra Simonetta, MD, MOHS Surgeon & Prof of Dermatology** (Next AED general body meeting, HHD 005) (1 meeting attendance pt)



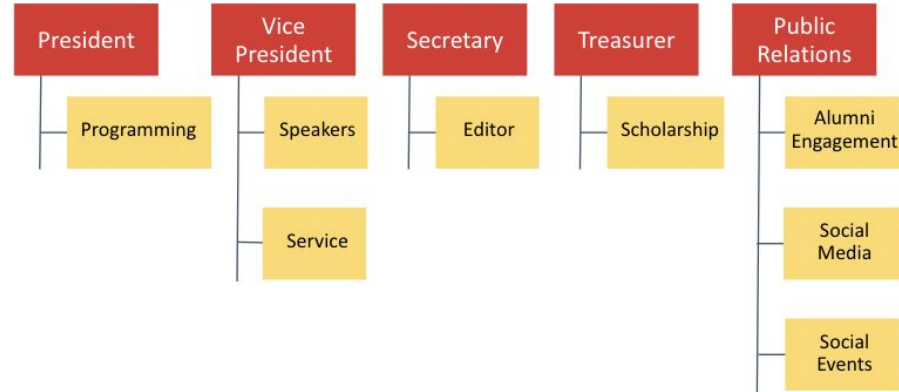
# TEAMS Tutorial

- Notifications
  - Teams > AED 2023-2024 General > Bell Icon (top right)
  - Settings > Teams App > Notifications > Allow
- Channels
  - General for AED updates & questions
  - Subchairs may also have a specific channel



Faculty Advisor:  
Dr. Krajcovic

# Fall 2023 AED Organizational Chart



## Sub-chair Role Descriptions: Semester Commitments

**Programming:** Develop and execute shadowing, mentorship, and BRIDGE programs and workshops.

**Speakers:** Assist in meeting speakers planning and recruitment.

**Service:** Lead a volunteer group for your choice organization and assist Hannah in coordinating club service events.

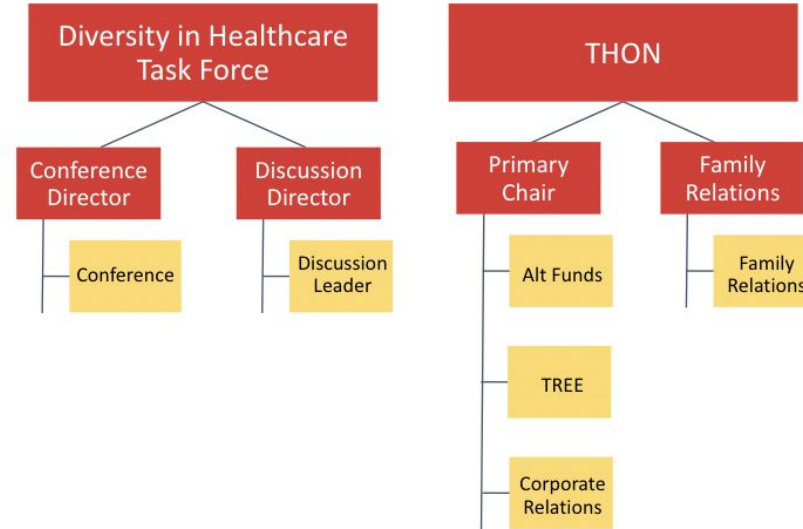
**Editor:** Assist with the website, membership information, and systems maintenance.

**Scholarship:** Develop and execute resource sharing, information, and innovative access.

**Alumni Engagement:** Develop and execute alumni engagement and networking programs.

**Social Media:** Coordinate AED social media efforts.

**Social Events:** Plan and execute AED social events.



## Sub-chair Role Descriptions: Semester Commitments

**Diversity in Healthcare Task Force Conference Subchair:** Develop and plan task force meetings, activities, and events.

**Diversity in Healthcare Task Force Discussion Sessions Subchair:** Lead a presentation group, arrange group meetings, and keep the presentation timeline on track.

## Sub-Chair Role Descriptions: Full-Year Commitments

**Alternative Funds:** Develop and execute alternative fundraising.

**Tree:** Coordinate all can drop-offs on behalf of AED.

**Corporate Relations:** Develop and execute corporate relations and donations.

**Family Relations:** Develop and maintain relationships between THON families and AED membership.

# Fall 2023 Sub-Chair Positions!



# BRIDGE Mentee Program

**This program will pair you with a medical student at Penn State College of Medicine at University Park! You will be REQUIRED to meet (zoom or in person) with your assigned mentor at least ONCE a semester.**



**Google Form Link to Sign-Up!**  
<https://forms.gle/hUsgMGAfnp43zCEG8>

**Deadline to Register:** September 8th, 2023

# Membership Survey





# After Hours!

**Cade, Andres, Jen,  
Hannah**  
General questions

**Atrium**

**Maya**  
National Induction  
Packets, Merch, &  
General Questions!

**350 HHD**

**Joanna and Om**  
THON

**Laura and Mikaili**  
DHT