

Alpha Epsilon Delta

The Pennsylvania State University

Teams:

Code: 6dwzzwj



GBM #2

Monday, September 22



**Ph.D. in Biological
Science | Carnegie
Mellon University**

**B.A. in Biochemistry |
Washington &
Jefferson College**

Dr. Melissa Krajcovic, Ph.D.

Director of Pre-Health Advising

Membership

Membership Status

AED Email:

psuaedsecretary@gmail.com

For any questions regarding membership status, please reach out to Sophia! 😊

Website: aedpsu.com

Insta: [@aedpsu](https://www.instagram.com/aedpsu)

The screenshot shows the Alpha Epsilon Delta website. The navigation bar includes links for Home, About, What We Do, Member Resources (highlighted with a red box), Alumni Network, and More. A dropdown menu for Member Resources is open, showing options for Calendar, Membership Documents, Membership Status (circled in red), and Meeting PowerPoints. The main content area displays a Google Sheet titled "Membership Points 2025". The spreadsheet has columns for Name, PSU EMAIL, and Meetings (Meeting 1 through Meeting 5). The data is as follows:

Name	PSU EMAIL	Meeting 1	Meeting 2	Meeting 3	Meeting 4	Meeting 5
Kevin Tian	km6125@psu.edu					
Jamie Mooney	jm8088@psu.edu					
Sophia Meola	sam7831@psu.edu					
Charvi Patel	cdp6456@psu.edu					
Jason Norwick	jn5550@psu.edu					
Reese Petrosky	Rbp5438@psu.edu					
Bailey McLaughlin	bam6508@psu.edu					
Morgan Kelley	muk9305@psu.edu					
Laura Cooney	lmc6418@psu.edu					

National Induction Packets

If you were Nationally Inducted last spring, please remember to **pick up your induction packet** before you leave.

*Please stop by Office Hours or schedule an appointment to pick up your packet if you were unable to attend GBM 1 or 2!

Office Hours

AED Office: HUB 207

Jamie Mooney (Vice President): Tuesdays | 12:30-1:30 PM

Sarah Vinson (Treasurer): Wednesdays | 9-10 AM

Kevin Tian (President): Thursdays | 12-1 PM

Use stairs/elevators by Sbarro to Floor 2 & follow signs to HUB 207!

Appendix Section

Check out additional resources, opportunities, and more in our **“Appendix”** section at the end of this PowerPoint!

Service

Bracelets for Breast Cancer Awareness

**Thank you to everyone
who attended!**

**More events to come
throughout the semester
:)**



PSCOMxYMCA: Fighting Food Insecurity

Long-Term Service Opportunity

- **D&T:** Tuesdays | 7:30-10 PM
- **Location:** Rear Wagner Building (CrossFit)
- **Details:** AED, PSCOM, the YMCA Anti-Hunger Program, and other leaders in State College are partnering to pack backpacks with food for elementary students to address **local food insecurity!**

1 Service Point Per Hour | Send proof of attendance to **Jamie Mooney** (ilm8089@psu.edu).



[SignUp Genius](#)

LION Mobile Clinic Volunteering

1 service point per hour of volunteering for each event

Juniper

- **Date:** Monday, September 22
- **Time:** 12-4 PM
- **Location:** Willows, Inn & Pines, 1940 Cliffside Dr., State College, PA, 16801
- **Details:** (2 volunteers, 2 EMTs) Flu shot clinic. Volunteers would assist elderly with paperwork

Evergreen Heights

- **Date:** Monday, October 6
- **Time:** 9 AM-12 PM
- **Location:** 101 Bottlebrush Ct., State College, PA, 16801
- **Details:** (1 volunteer) Flu shot clinic

LION Mobile Clinic Volunteering

Juniper

- **Date:** Friday, October 10
- **Time:** 8:30-11:30 AM
- **Location:** Wellspring 610 West Whitehall Rd., State College, PA 16801
- **Details:** (2 volunteers, 2 EMTs) Flu shot clinic. Volunteers would assist elderly with paperwork

Military Share Food Distribution

- **Date:** Monday, October 13
- **Time:** 8:30-11:30 AM
- **Location:** UEC Theaters 12 125 Premiere Dr., State College, PA, 16801
- **Details:** (2 volunteers) Food distribution. Volunteers would assist putting food in vehicles

Reminders & additional events to be posted on Teams!

Professional Development

Sub-Chair Positions

Why You Should Apply

- 1. Leadership Experience:** Gain meaningful leadership experience from the beginning
- 2. Build Vital Skills:** Hone your skills of communication, teamwork, and project planning
- 3. Grow Your Network:** Work closely with AED's executive team, executive chairs, and external partners
- 4. Give Back to Others:** Help contribute to the pre-health community at Penn State

Leadership Expectations

- 1. Attendance**
 - a. Attend min. 5 GBMs
 - b. Attend min. 5 AED events
- 2. Contribution + Cooperation**
 - a. Accomplishes tasks on time
 - b. Supports team members
- 3. Communication**
 - a. Respond in a timely manner
 - b. Notify about conflicts
- 4. Conduct**
 - a. Respectful of others
 - b. Represent AED positively

Applications open until 11:59 PM on Friday, October 3!

Sub-Chair Positions

**Scan here to
apply!**

Reach out to Kevin Tian
(kmt6125@psu.edu) with any
questions.



Positions Open

President

- Programming
- Alumni Engagement

Vice President

- Speakers
- Service

Secretary

- Editor

Treasurer

- Scholarship

Public Relations

- Social Media
- Social Events

Applications open until 11:59 PM on Friday, October 3!

Peer Mentorship Program

**Scan here to
sign up!**

Reach out to Kevin Tian
(kmt6125@psu.edu) with any
questions.



Expectations

Mentor

- Contact mentee(s)
- Meet with mentee(s) at least once

Mentees

- Respond to mentor messages
- Meet with mentor at least once

Sign-ups open until 11:59 PM on Friday, October 3!

Career Services Workshop | 09.23.25

Marketing Your Skills and Experience for What Employers Want

- **D&T:** Tuesday, September 23 | 6-7 PM
- **Location:** Boucke 306
- **Details:** Do you have what today's employers are looking for? Stand out from the crowd! Learn how to capture all your academic, professional, and leadership experiences to match what employers are looking for in your future profession.

1 Activity Point

CapYear Clinical Exp. Workshop | 10.13.25

Getting Clinical Experience

- **D&T:** Monday, October 13 | 6-7 PM
- **Location:** On Zoom ([RSVP](#))
- **Details:** Learn which practices are likely to offer opportunities, how to avoid mistakes in applications and interviews, and what employers value most.

1 Activity Point



[RSVP HERE](#)

If you can't make it, you can also sign up to **CapYear's job board** at jobs.capyear.co to get clinical jobs for pre-health students delivered to their inbox. It's free and easy to create a profile and start applying to clinical positions!

Global Health Minor | 09.24.25

GH Minor Info Session

- **Date:** Wednesday, September 24
- **Time:** 5:30-6:30 PM
- **Location:** Henderson Bldg. 010
- **Details:** Learn about the Global Health Minor and how to combine healthcare with study abroad!

Learn more [here!](#)

The GLOBAL HEALTH MINOR



Will Take You Places!

Love health and healthcare? Want to study abroad? Bring your passions together with a minor in Global Health!

INFORMATION SESSION:
Wednesday, Sept. 24
Henderson Bldg. Room 10
5:30 to 6:30 pm

Meet students who lived and studied in Ecuador and South Africa, Summer 2025

Vietnam Medical Aid Foundation | Due Oct. 1

VMAF Non-Profit

- **Details:** Apply to be a part of the executive board for the Vietnam Medical Aid Foundation! It is a 501c3 non-profit with a mission to provide support to communities in Vietnam.
- **Due:** Applications are due by **Wednesday, Oct. 1**

Learn more [here!](https://www.vmafoundation.org)

A recruitment poster for the Vietnam Medical Aid Foundation (VMAF). The top half features a photograph of a person in a white medical coat with a red stethoscope, holding a large red heart. The VMAF logo is in the top left corner. The bottom half has a red header with the organization's name and 501(c)(3) status. Below this, a paragraph describes the foundation's mission. Two bullet points with checkmarks list the roles being sought and the deadline. The bottom of the poster includes social media icons and the website URL.

VMAF FOUNDATION

VIETNAM MEDICAL AID FOUNDATION
501(c)(3) Nonprofit

The Vietnam Medical Aid Foundation (VMA) provides vital support to communities in Vietnam by funding medical care, sending ambulances, and assisting families with essential end-of-life expenses. We need people who are dedicated and has a passion for healthcare to join our team!

- ✓ Looking for Vice President, Secretary, and Treasurer
- ✓ **DEADLINE OCTOBER 1st**

Sign Up at www.vmafoundation.org

Clinical Experiences Panel | 09.29.25

Unboxing Clinical Experiences

- **Date:** Monday, September 29
- **Time:** 6-7 PM
- **Location:** Huck 100
- **Details:** Learn about finding, securing, and making the most of clinical experiences from pre-health students and advisors!
Open to all pre-health tracks and will include a live Q&A session.

Learn more [here!](#) | 1 Activity Point

Scholarship/Financial Literacy Workshop

Scholarship and Financial Literacy Workshop Interest Form

Goal: Promote awareness and provide tips for funding your medical education and applications (MCAT fees, certification costs, etc.)



[LINK](#)

Diversity in Healthcare Task Force (DHT)

DHT Sub-Chair Applications

Advertising, Curriculum, Logistics

- Announced after the GBM on Teams

New Positions

- Eliana Garza will reach out for interviews!

Discussions*

- Facilitate discussion sessions
- Build confidence speaking about medical inequities

Due by Fri., Oct. 03



THON™

White-Out Bracelet Sale

Date: THIS Saturday (whiteout)

Time: 9-2 PM

Location: Allen St. Gates

1 THON Point Per Hour



THON™ Sub-Chairs

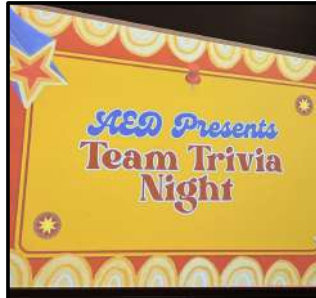
Announced at GBM 3.

Thanks to everyone for applying!

Social Activities

Overview

- Game Nights
- Socials
- IM Sports
- Pickleball
- Tailgates
- Formal
- Always open to ideas!



Interest Form!

Let me know what you all would like AED to host this semester!

Goal: Get an idea of events to host and days/time people are around.



[Link](#)

Mount Nittany Hike → TBD

Postponed

Transportation: Limited
number of seats for rides
are provided!



[Link](#)

Alpha Epsilon Delta

The Pennsylvania State University

Teams:

Code: 6dwzzwj



GroupMe:



GBM #3

Monday, October 6

Appendix

Membership

AED Resources Folder

- Long-Term Volunteer Opportunities
- Volunteer Hours Tracker
- Preceptorship Sample Email
- THON Information
- THON DonorDrive 101
- More to be added!

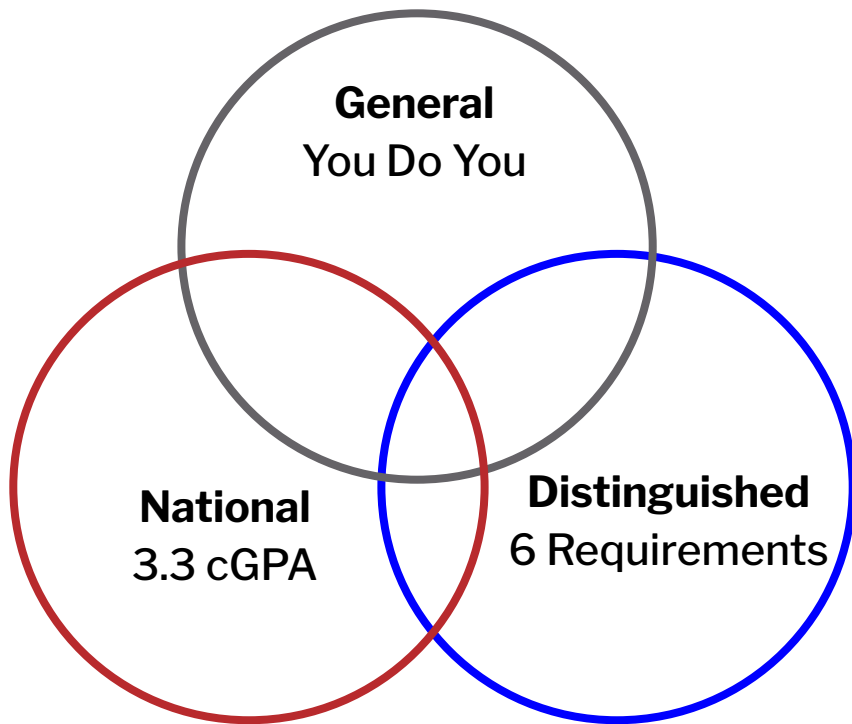


National and Distinguished Membership

National

Benefits

- Be inducted into national chapter
- Submit application in the Spring
- Provided with graduation cords
- Eligible for scholarships up to \$10,000



PSU

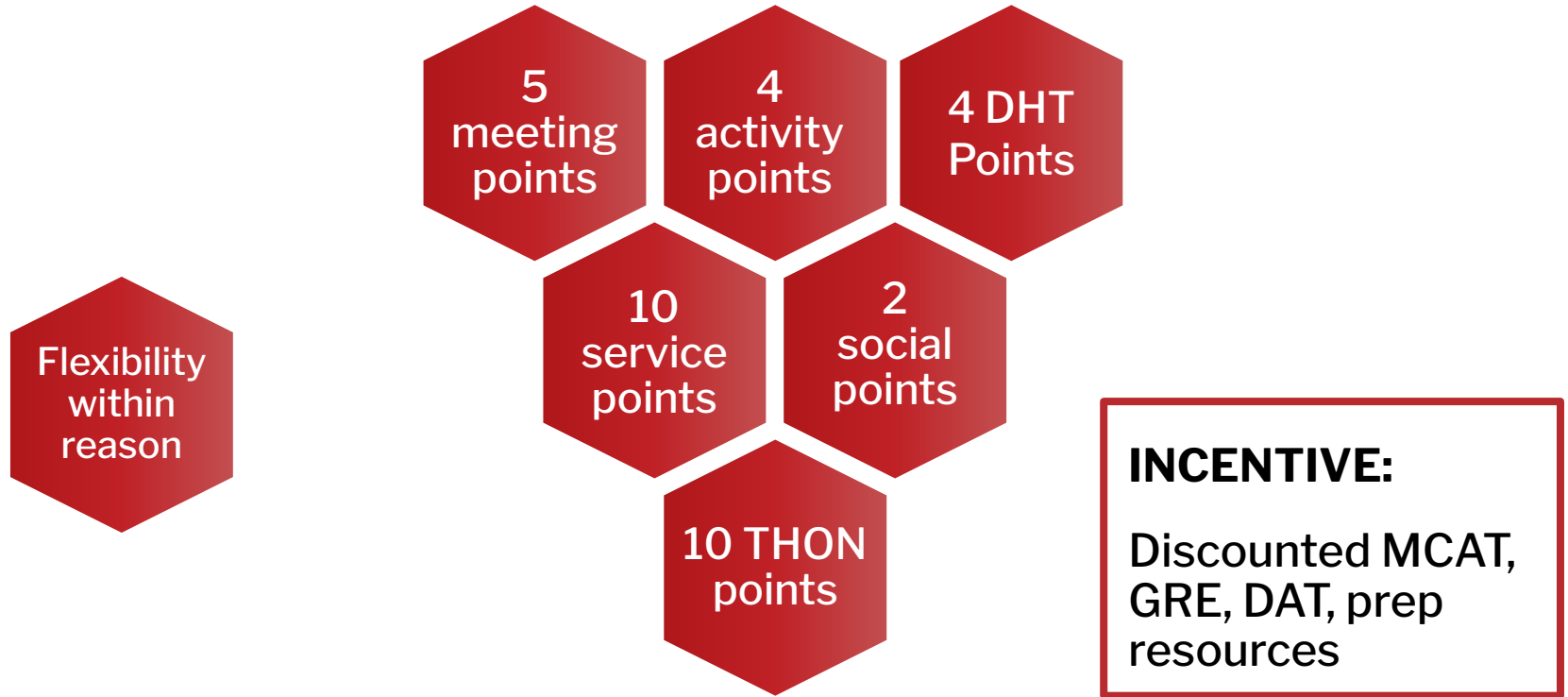
General Membership

- Highly flexible
- Utilize any resources shared

Distinguished

- Requires greater involvement
- Demonstrates commitment and leadership
- Eligible for incentives

Distinguished Membership Requirements



AED Communications

AED ListServ

- **For:** GBM reminders and recaps, external resources, etc.
 - Please check general inbox and/or spam for emails!

***Teams → Most Important**

- **For:** GBM reminders, workshop announcements, service opportunities, member resources, etc.
- **Review:** Pinned message in “General” channel for more information

GroupMe

- **For:** GBM reminders, informal questions, member conversations, etc.

Service

Big Brothers Big Sisters

Zack Maser

(he/him)

Big Brothers Big Sisters
Case Manager

Contact:

zmaser@ccysb.com

814-699-1890



OUR PROGRAMS

COMMUNITY

- 12-month minimum commitment
- Big & Little enjoy free/low-cost activities in the community
- Volunteer must have valid driver's license and access to a reliable insured vehicle

BOTH

- Include thoughtfully matched volunteers (Bigs) with children/youth (Littles).
- Are supported by a professionally trained staff member AKA a Case Manager
- Necessitate a completed application, an interview, reference checks, and clearances
- Require a desire to build a relationship with a youth in need

SITE

- One school year minimum commitment
- Big & Little meet at a site, often a local school
- Matches are supported by an on-site BBBS staff member
- Volunteer has little interaction with his/her/their Little's parent(s)/guardian(s)

Conversations to Remember: Virtual Opp.

Details: [Conversations to Remember](#) is a nonprofit dedicated towards combating loneliness and isolation felt by senior citizens.

- 2-3 college students matched with older adults for virtual video visits ~1 hour/week for at least 16 weeks to develop meaningful relationships with the seniors.
- Mandatory training is provided to students in the program.
 - Best ways to interact with the older adults & additional regular support.
- Opportunities for additional volunteer hours are possible with other volunteering options such as assisting with social media, call support, outreach, etc.
 - Current volunteering roles are listed [here](#).

Contact: Jasmyn Gordon |
jasmyn.gordon@conversationstoremember.org

Conversations to
REMEMBER

Who We Are

[Conversations to Remember](#) is a 501(c)(3) charity whose mission is to combat feelings of isolation and loneliness among senior citizens. We facilitate weekly video calls with senior citizens, including those with dementia, with the goal of creating intergenerational friendships.

Young adult college students will engage in virtual visits with a senior citizens. These seniors are lonely, and are excited to speak with you. Each video call will have 2-3 student volunteers matched with one senior. The calls will be for one hour, at the same time each week. You will only be matched for a call at a time when you are available. You must commit to continuing in the program for at least 4 months. Conversations to Remember will provide you with training and support.

How You Can Get Involved







email: info@ConversationstoRemember.org
telephone: 862-243-5331

Long-Term Service Opportunities

- **Abba Java Coffeehouse:** [Website](#)
 - Contact Reverend Sarah Voigt (svoigt.wesley@gmail.com)
- **Centre LGBT+:** [Apply Here](#)
 - Assist with various educational, advocacy, and community-building events
- **Centre Safe:** [Apply Here](#)
 - Serve as a Counselor/Advocate
 - 12-week training program
 - In-person or Remote Work
 - More Opportunities: furrutiasmith@CentreSafe.org
- **Centre Helps:** [Apply Here](#)
 - Serve as a Hotline Counselor Volunteer
 - 7-week training program



[Long-Term Service Opps Sheet](#)

LION Mobile Clinic Volunteering

Gain Clinical Experience and Develop Understanding of SDHs

The LION Mobile Clinic is a student-led free clinic focused on promoting health care access and proactive health choices for under-resourced communities of Pennsylvania.

- Learn about community medicine, comprehensive healthcare services, food insecurity, and more
- Assist medical students and doctors
- Earn experience as a medical scribe
- Connect with the community



LionCare Clinic Partnership

LionCare is PSCOM's student-run clinic that provides free healthcare in Tyrone, PA. Its mission is to improve access to care in rural areas in central PA.

- AED sends **3 volunteers per monthly clinic** (>50 since start!)
- Volunteers assist medical students by taking patient exam notes
- Due to limited spots, please only apply if you have **strong interest in primary care and/or rural medicine.**

LionCare Clinic School Supplies Drive

Providing Necessities for Under-Resourced Communities.

Drop Off: AED Office (HUB 207, 1 Service Pt Per Donation)

Middle and High School:

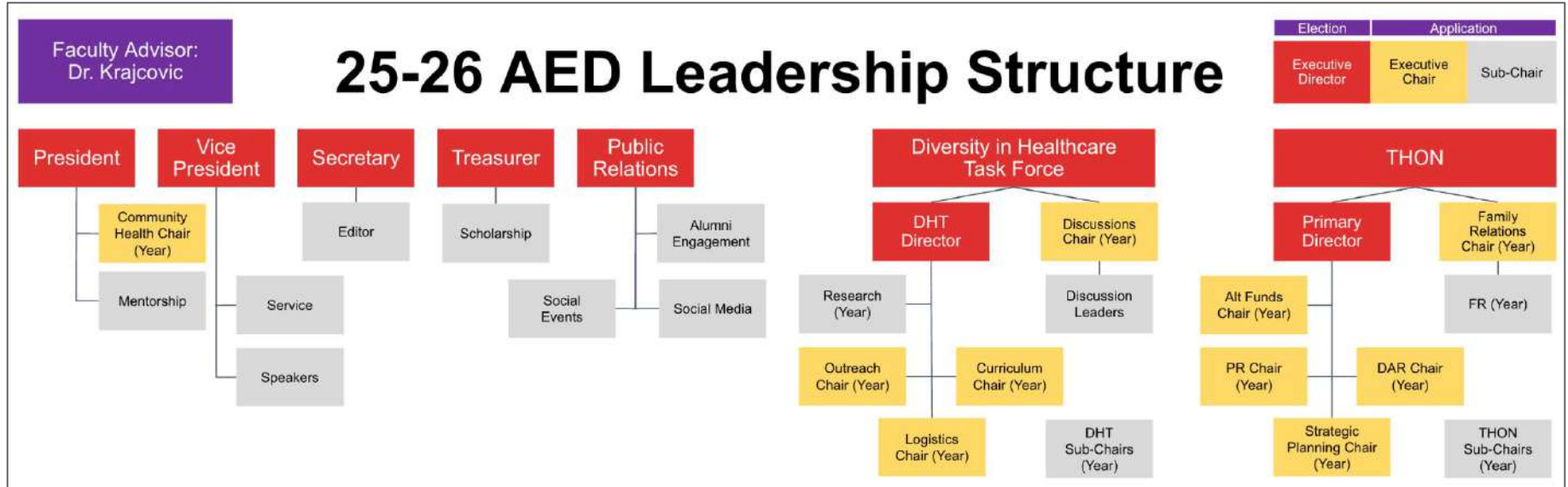
Notebooks	Pencils
Binders	Erasers
Pocket Folders	Highlighters
Pens	Pencil Cases
Calculators (4 Pt)	Backpacks (4 Pt)

Elementary School:

Notebooks	Construction Paper	Washable Markers
Pencils	Pencil Cases	
Erasers	Binders	Blunt-Tip Scissors
Folders	Colored Pencils	Lunch Box
Crayons	Glue Sticks	Backpacks (4 Pt)

25-26 Leadership

25-26 Executive Board Positions



7 Executive Director Positions → Elected
10 Executive Chair Positions → Chosen
Sub-Chair Positions → Applications

Diversity in Healthcare Task Force (DHT)

Diversity in Healthcare Conference

- Hosted annually each spring semester
 - **Sunday, March 1, 2026**
- **Goal:** To educate pre-health students about healthcare disparities and how to ideate potential solutions
- **Established:** Founded by PSU AED in 2021
- **Unique:** Only school to host this type of student-run conference



Diversity in Healthcare Conference

NEWS

Penn State students host vaccine field day to educate children

by: Leanna Wells

Posted: Oct 21, 2024 / 06:50 AM EDT

Updated: Oct 21, 2024 / 06:50 AM EDT



Penn State Students Host Vaccine Field Day to educate children.

Discussions (AED x MAPS)

- ~3 discussions per semester
- Group presentations on healthcare disparities followed by discussions

Conference

- 2 professional speakers, catered lunch, and a certificate from PSCOM

Solution Phase

- Student groups work with a BRIDGE mentor to prepare a solution proposal
- Groups will present ideas to a panel of professional judges

Implementation Phase

- Winners are awarded \$3,500 to implement their solution in Centre County during the following year

HOSPITAL/CLINIC NAME STATE COLLEGE, PA

DISCHARGE SUMMARY

Patient Name: _____ Provider Name: _____
Initial Date: _____ Discharge Date: _____

OVERVIEW

IMPORTANT RISK FACTORS

MEDICATION

Medication	Time	Purpose	Watch For

HEALTH OUTLOOK

-
-
-
- ☐ I understand my care instructions
- ☐ I have reviewed this information with my provider

WHEN TO CALL YOUR DOCTOR



DHT Executive Team



Eliana Garza
Director

Manages entire DHT
Team & Sponsors' point
of contact



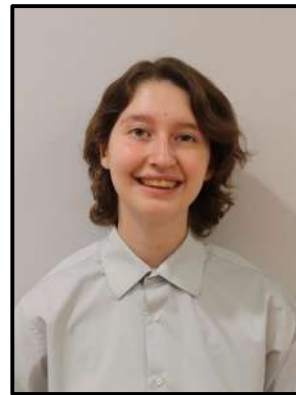
Srita Pulivarthi
Advertising

Participation and
outreach



Alyssa Dass
Curriculum

Researches topics, case
studies, and discussion
points



Mar Escarcega
Logistics

Day-of-Conference
planning



Dara I'anson
Discussions

Coordinates year long
discussion groups
related to conference
theme

THON™

25-26 THON Leadership Team



Justin Deekollu
Primary Chair



Logan Eisaman
Alternative
Fundraising Chair



Addison Firestone
Family Relations
Chair



**Isabella
Bautista-Santiago**
Strategic Planning
Chair



Siya Kakadia
Donor and Alumni
Relations Chair

What is THON?

- THON™ is the world's largest student-run philanthropy
- Raised over 17 million dollars last year
- Culminates in a 46-hour dance marathon on February 20-22
- No pediatric cancer patient at Penn State Children's Hospital in Hershey pays a single cent for their treatment



Meet our THON Families

The **CLARA** Shepps Family



Puppy "Emmie"



Fam in DC!

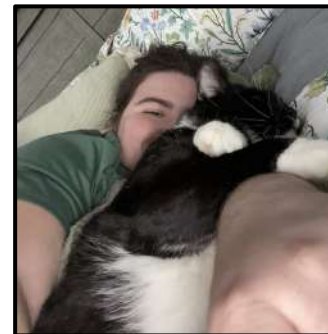
The **MARY** Torres Family



Cat "Dibs"



Crochet MASTER



Make a DonorDrive



AED Overview

Who We Are

- **Alpha Epsilon Delta** is a nationally recognized pre-health professions honor society
 - Pennsylvania Beta Chapter
- **All students** on the pre-health track (pre-medical, pre-dental, pre-PA, pre-PT, and more) are welcome!



What We Do

- **Your Pre-Health Toolbox:** Providing opportunities, connections, and resources to support your journeys into healthcare
- **Preparing Future Healthcare Leaders:** Holistic understanding of medicine, philanthropic involvement, exposure to health inequities, leadership opportunities, form professional and peer connections



Your Pre-Health Toolbox

