

Alpha Epsilon Delta

The Pennsylvania State University

Teams:

Code: 6dwzzwj



GroupMe:



GBM #3

Monday, October 06



**Master of Healthcare
Administration |**
Purdue University

**B.S. Criminal
Justice/Business | Penn**
State University

Michael Pizzano

Senior Vice President of Operations at Kindred Hospitals | [LinkedIn](#)

President | Kevin Tian

Programming

Devika Bhavsar

Tulsi Patel

VP | Jamie Mooney

Service + Speakers

Alyssa Ching

Giselle Feliciano

Effie Frank

Grace Liverseed

Secretary | Sophia Meola

Editor

Kendall Guisewhite

Nina Tommarello

Treasurer | Sarah Vinson

Scholarship

Aadi Patel

Discussion | Dara l'Anson

DHT Discussion Leader

Sriya Ayyala

Destiny Brewer

Braam Hattingh

PR | Jason Norwicke

Social Media

Akene Moutchia

Social Events

James Gurgone

Alumni Engagement

Emmaleigh Shinno

Thank you to
everyone who
applied!

Fall 2025 Sub-Chairs

Membership

Membership Status

AED Email:

psuaedsecretary@gmail.com

For any questions regarding membership status, please reach out to Sophia! 😊

Website: aedpsu.com

Insta: [@aedpsu](https://www.instagram.com/aedpsu)

The screenshot shows the Alpha Epsilon Delta website. The navigation bar includes links for Home, About, What We Do, Member Resources (highlighted with a red box), Alumni Network, and More. A dropdown menu for Member Resources is open, showing options for Calendar, Membership Documents, Membership Status (circled in red), and Meeting PowerPoints. The main content area displays a Google Sheet titled 'Spring 2025 Membership'. The spreadsheet has columns for Name, PSU EMAIL, and Meetings (Meeting 1 through Meeting 5). The data is as follows:

Name	PSU EMAIL	Meeting 1	Meeting 2	Meeting 3	Meeting 4	Meeting 5
Kevin Tian	km6125@psu.edu					
Jamie Mooney	jm8088@psu.edu					
Sophia Meola	sam7831@psu.edu					
Charvi Patel	cdp6456@psu.edu					
Jason Norwick	jn5550@psu.edu					
Reese Petrosky	Rbp5438@psu.edu					
Bailey McLaughlin	bam6508@psu.edu					
Morgan Kelley	muk9305@psu.edu					
Laura Cooney	lmc6418@psu.edu					

Office Hours

AED Office: HUB 207

If the door is closed, message Exec to be let in!

Jamie Mooney (Vice President): Tuesdays | 12:30-1:30 PM

Sarah Vinson (Treasurer): Wednesdays | 9-10 AM

Kevin Tian (President): Thursdays | 12-1 PM

Use stairs/elevators by Sbarro to Floor 2 & follow signs to HUB 207!

Appendix Section

Check out additional resources, opportunities, and more in our **“Appendix”** section at the end of this PowerPoint!

Service

LionCare Volunteer | App. due Friday, Oct. 10

LionCare Clinic Service

Apply to volunteer at PSCOM's LionCare Clinic in Tyrone, PA! This is a great opportunity to gain clinical experience, network with medical student and providers, and get a first-hand view of clinic setting. Spots are limited, so please fill out the application to the best of your ability! Applications are due by **11:59 PM on Friday, Oct. 10.**

5 Service Points



[LINK](#)

LION Mobile Clinic Volunteering

1 service point per hour of volunteering for each event

Trinity Methodist Church

- **Date:** Wednesday, October 8
- **Time:** 11 AM-1 PM
- **Location:** 128 W. Howard St., Bellefonte PA 16823
- **Details:** (1 EMT) Flu shot clinic

Juniper

- **Date:** Friday, October 10
- **Time:** 8:30-11:30 AM
- **Location:** Wellspring 610 West Whitehall Rd., State College, PA 16801
- **Details:** (2 volunteers, 2 EMTs) Flu shot clinic. Volunteers would assist elderly with paperwork

LION Mobile Clinic Volunteering

Centre Hall Library

- **Date:** Monday, October 13
- **Time:** 10 AM-12 PM
- **Location:** 109 West Beryl St, Centre Hall, PA 16828
- **Details:** (1 volunteer) Flu shot clinic

Snow Shoe Senior Center

- **Date:** Tuesday, October 14
- **Time:** 10 AM-2 PM
- **Location:** 402 E. Sycamore Rd., Snow Shoe, PA 16874
- **Details:** (1 volunteer, 1 EMT) Flu shot clinic

Reminders & additional events to be posted on Teams!

PSCOMxYMCA: Fighting Food Insecurity

Long-Term Service Opportunity

- **D&T:** Tuesdays | 7:30-10 PM
- **Location:** Rear Wagner Building (CrossFit)
- **Details:** AED, PSCOM, the YMCA Anti-Hunger Program, and other leaders in State College are partnering to pack backpacks with food for elementary students to address **local food insecurity!**

2 Service Points Per Event | Send proof of attendance to **Jamie Mooney** (ilm8089@psu.edu).



[SignUp Genius](#)

Professional Development

BRIDGE Panel | Tuesday, Oct. 7

Medical School 101

- **Date:** Tuesday, October 7
- **Time:** 6-7 PM
- **Location:** Thomas 110
- **Details:** Learn about the different years in medical school, time commitments, classes, rotations, and more from current medical students!

1 Activity Point

Career Services Workshop | Thursday, Oct. 9

Marketing Your Skills and Experience for What Employers Want

- **Date:** Thursday, October 09
- **Time:** 5-6 PM
- **Location:** Thomas 110
- **Details:** Do you have what today's employers are looking for? Stand out from the crowd! Learn how to capture all your academic, professional, and leadership experiences to match what employers are looking for in your future profession.

1 Activity Point

CapYear Clinical Exp. Workshop | 10.13.25

Getting Clinical Experience

- **D&T:** Monday, October 13 | 6-7 PM
- **Location:** On Zoom ([RSVP](#))
- **Details:** Learn which practices are likely to offer opportunities, how to avoid mistakes in applications and interviews, and what employers value most.

1 Activity Point



[RSVP HERE](#)

If you can't make it, you can also sign up to **CapYear's job board** at jobs.capyear.co to get clinical jobs for pre-health students delivered to their inbox. It's free and easy to create a profile and start applying to clinical positions!

BRIDGE Mentorship Program

PSCOM Mentors

Sign up to be paired with a medical student from Penn State College of Medicine's BRIDGE program! Gain insight and advice from people who have been where you are and made it. This is fantastic opportunity for anyone considering medical school and would like to learn more!



[LINK](#)

HHD Graduate & Prof. Week | Oct. 7-9

HHD Graduate & Professional Week

Date: Tuesday-Thursday, Oct. 7-9

Time: 11 AM - 3 PM

Location: Alumni Hall (HUB)

Details

- **Oct. 7:** Law School Day
- **Oct. 8:** Medical School and Health-Related Programs Day
- **Oct. 9:** Graduate School Day



[LINK](#)

BMB Research | App. due Monday, Oct. 13

Apply for a Research Position via BMB 496

1. **Review Policy**
 - a. [BMB Independent Research](#)
2. **Explore:** List of faculty, research interests, and student selection criteria
3. **Application:** Complete and submit by **Monday, Oct. 13**
4. **Interview:** If the faculty member is interested in you, you will be contacted to schedule an interview
 - a. Interviews should be held between Oct. 27 and Nov. 7, 2025.



[LINK](#)

Pre-Health Funding Support

Apply for Pre-Health Funding

Pre-Health has helped cover:

- MCAT, DAT, or GRE Prep
- MCAT, DAT, or GRE Registration Fees
- Primary Application Fees
- Secondary Application Fees
- Transcript Fees
- Interview Travel
- Interview Attire

Details

- Use by July 31, 2026
- Receive up to \$500
- Check **Eligibility Requirements!**



[LINK](#)

25-26 General AED Merch

Fill out this interest form for General AED Merch!

The order form will be available at the next GBM.



[LINK](#)

Scholarship/Financial Literacy Workshop

Thank you for the feedback on the interest form!

Plan on hosting a workshop before Fall Break.

Keep an eye out for more information!

Check out the [Sokolov-Miller Financial and Life Skills Center](#)!

They have a ListServ that you can request to join and get access to live and recorded webinars. There is also an opportunity for one-on-one coaching! You can book an appointment on Starfish.

Diversity in Healthcare Task Force (DHT)

DHT Discussions

Discussion Leaders

- Braam Hattingh
- Destiny Brewer
- Sriya Ayyala

Current Presenters

- Katie Jones
- Peyton Shick
- Sarah Vinson

Present: 2 DHT Points
Attend: 1 DHT Point

Info Session

Date: Oct. 22

Time: 6 PM

Location: TBD

[LINK](#)



**Thank you to everyone
who applied to be a
Discussion Leader!**

If you still want to get
involved with DHT, sign
up to be a **DHT**
Discussion Presenter.

**Low time commitment,
big impact!**

25-26 DHT Conference Team

Curriculum Team

Alyssa Dass

Serina Chan
Ava Elliot
Amanda Rodriguez

Advertising Team

Srita Pulavarthi

Gracie Hartigan
Natalie Hillis
Nylah Jennings
Sarah Sabu

Logistics Team

Mar Escarcega

Naomi Ogoh
Amie Prissofsky



Thank you all for applying. If we were not able to invite you to the team this semester, we will be in touch come Spring for extra hands for the Conference!

In the meantime, stay involved through Discussions!

THON™

25-26 THON™ Sub-Chairs

Olivia Perri



Zander Sachs



Jack Yakupcin



Pumpkin Carving | Tuesday, Oct. 21

AED Pumpkin Carving Benefitting **THON™**

Date: Tuesday, Oct. 21

Time: 6-7 PM

Location: Willard 373

Details: \$5 per pumpkin

- **Pre-Dent:** Great way to build manual dexterity skills!

1 THON Point



THON™ Scrapbook for Families

Fill out this Scrapbook to share
with Mary and the Shepps!

Please fill this out by 11:59 PM,
Wednesday, Oct. 8!
1 THON Point



[LINK](#)

THON™ 5K | 10.26.25

Date: Sunday, Oct. 26th | 11 AM

Location: Outside BJC

1 THON Point for Attending
3 THON Point for Running/Walking



[LINK](#)



THON™ 100 Days Merch



[LINK](#)



Make a DonorDrive



[LINK](#)

Corporate Donor Form



[LINK](#)

Social Activities

Tailgate | Saturday, Oct. 11

AED Tailgate

PSU vs. Northeastern

- **Date:** Saturday, Oct. 11
- **Time:** 9 AM
- **Details:** Food and soft drink will be provided

1 Social Point



In Lot 12

**Fill out the
form for the
official invite!**

[Link](#)



Pickleball | Thursday, Oct. 16

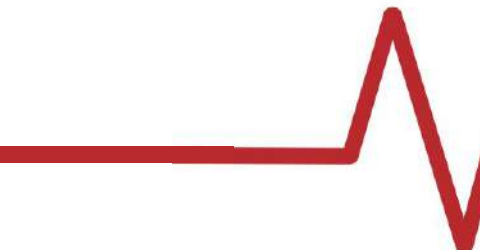
AED Pickleball

- **Date:** Thursday, Oct. 16
- **Time:** 5 PM
 - Weather permitting
- Equipment not required!

Will send a reminder next week!
1 Social Point



Thank you!



Alpha Epsilon Delta

The Pennsylvania State University

Teams:

Code: 6dwzzwj



GroupMe:



GBM #4

Monday, October 20

Appendix

Membership

AED Resources Folder

- Long-Term Volunteer Opportunities
- Volunteer Hours Tracker
- Preceptorship Sample Email
- THON Information
- THON DonorDrive 101
- More to be added!

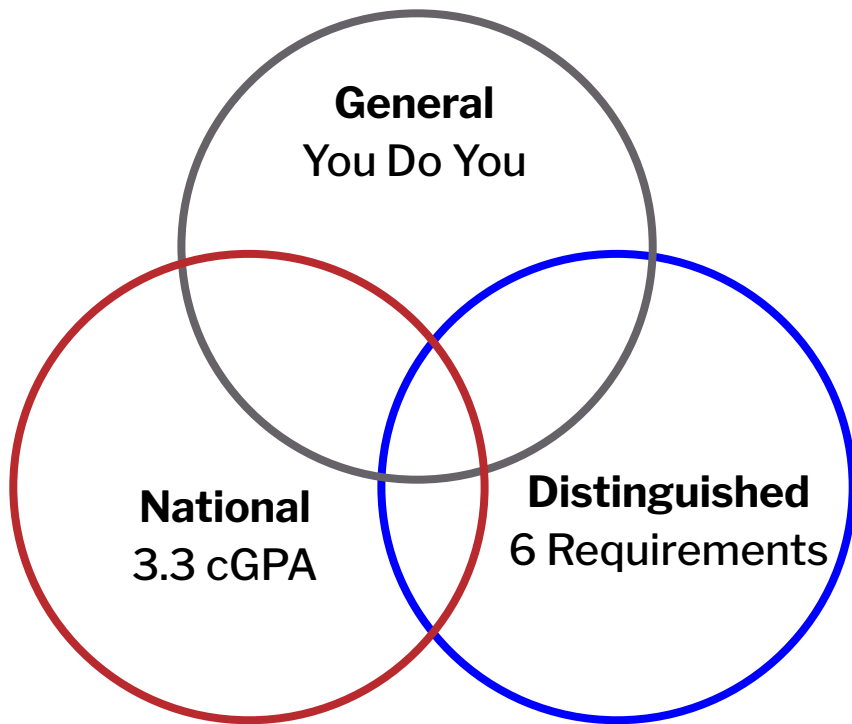


National and Distinguished Membership

National

Benefits

- Be inducted into national chapter
- Submit application in the Spring
- Provided with graduation cords
- Eligible for scholarships up to \$10,000



PSU

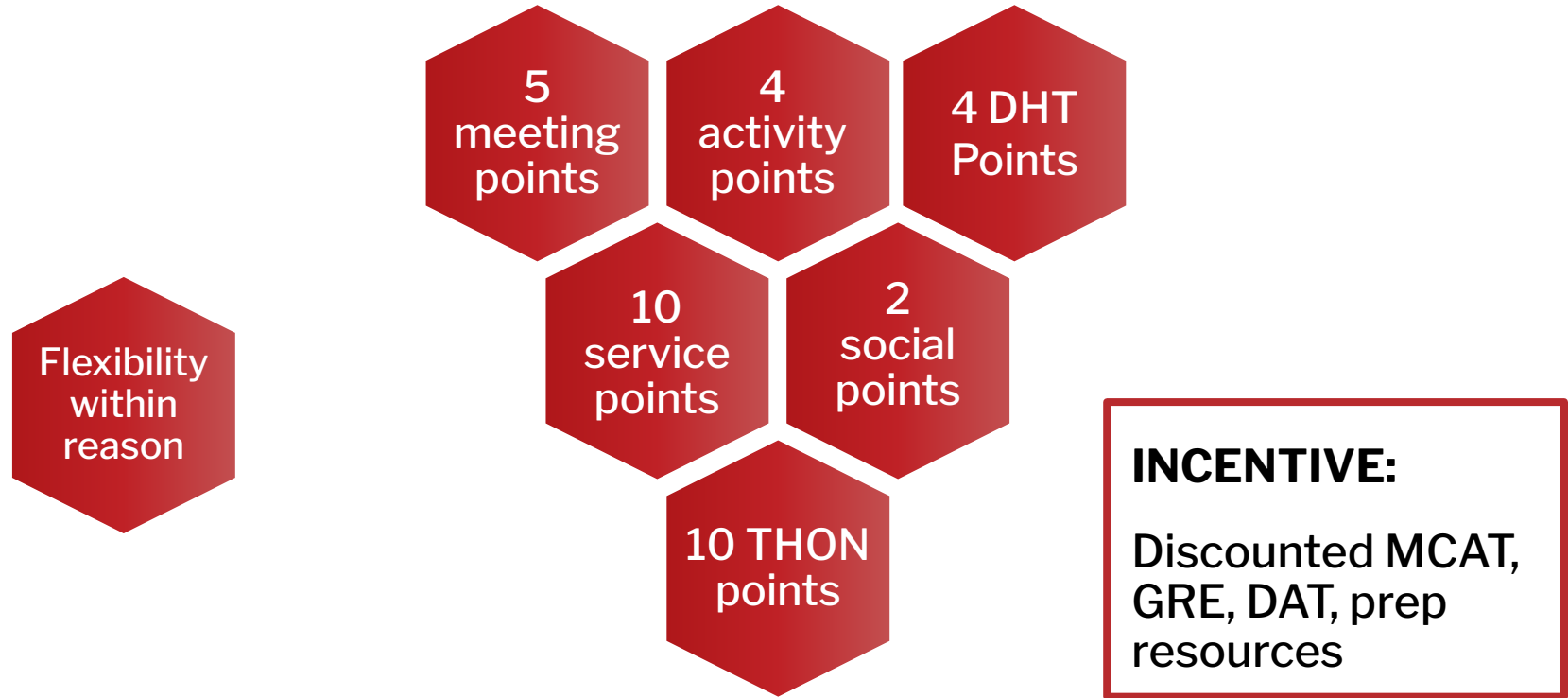
General Membership

- Highly flexible
- Utilize any resources shared

Distinguished

- Requires greater involvement
- Demonstrates commitment and leadership
- Eligible for incentives

Distinguished Membership Requirements



AED Communications

AED ListServ

- **For:** GBM reminders and recaps, external resources, etc.
 - Please check general inbox and/or spam for emails!

*Teams → Most Important

- **For:** GBM reminders, workshop announcements, service opportunities, member resources, etc.
- **Review:** Pinned message in “General” channel for more information

GroupMe

- **For:** GBM reminders, informal questions, member conversations, etc.

Service

Big Brothers Big Sisters

Zack Maser
(he/him)

Big Brothers Big Sisters
Case Manager

Contact:
zmaser@ccysb.com
814-699-1890



OUR PROGRAMS

COMMUNITY

- 12-month minimum commitment
- Big & Little enjoy free/low-cost activities in the community
- Volunteer must have valid driver's license and access to a reliable insured vehicle

BOTH

- Include thoughtfully matched volunteers (Bigs) with children/youth (Littles).
- Are supported by a professionally trained staff member AKA a Case Manager
- Necessitate a completed application, an interview, reference checks, and clearances
- Require a desire to build a relationship with a youth in need

SITE

- One school year minimum commitment
- Big & Little meet at a site, often a local school
- Matches are supported by an on-site BBBS staff member
- Volunteer has little interaction with his/her/their Little's parent(s)/guardian(s)

Conversations to Remember: Virtual Opp.

Details: [Conversations to Remember](#) is a nonprofit dedicated towards combating loneliness and isolation felt by senior citizens.

- 2-3 college students matched with older adults for virtual video visits ~1 hour/week for at least 16 weeks to develop meaningful relationships with the seniors.
- Mandatory training is provided to students in the program.
 - Best ways to interact with the older adults & additional regular support.
- Opportunities for additional volunteer hours are possible with other volunteering options such as assisting with social media, call support, outreach, etc.
 - Current volunteering roles are listed [here](#).

Contact: Jasmyn Gordon |
jasmyn.gordon@conversationstoremember.org

Conversations to
REMEMBER

Who We Are

[Conversations to Remember](#) is a 501(c)(3) charity whose mission is to combat feelings of isolation and loneliness among senior citizens. We facilitate weekly video calls with senior citizens, including those with dementia, with the goal of creating intergenerational friendships.

Young adult college students will engage in virtual visits with a senior citizens. These seniors are lonely, and are excited to speak with you. Each video call will have 2-3 student volunteers matched with one senior. The calls will be for one hour, at the same time each week. You will only be matched for a call at a time when you are available. You must commit to continuing in the program for at least 4 months. [Conversations to Remember](#) will provide you with training and support.

How You Can Get Involved







email: info@ConversationstoRemember.org
telephone: 862-243-5331

Long-Term Service Opportunities

- **Abba Java Coffeehouse:** [Website](#)
 - Contact Reverend Sarah Voigt (svoigt.wesley@gmail.com)
- **Centre LGBT+:** [Apply Here](#)
 - Assist with various educational, advocacy, and community-building events
- **Centre Safe:** [Apply Here](#)
 - Serve as a Counselor/Advocate
 - 12-week training program
 - In-person or Remote Work
 - More Opportunities: furrutiasmith@CentreSafe.org
- **Centre Helps:** [Apply Here](#)
 - Serve as a Hotline Counselor Volunteer
 - 7-week training program



[Long-Term Service Opps Sheet](#)

LION Mobile Clinic Volunteering

Gain Clinical Experience and Develop Understanding of SDHs

The LION Mobile Clinic is a student-led free clinic focused on promoting health care access and proactive health choices for under-resourced communities of Pennsylvania.

- Learn about community medicine, comprehensive healthcare services, food insecurity, and more
- Assist medical students and doctors
- Earn experience as a medical scribe
- Connect with the community



LionCare Clinic Partnership

LionCare is PSCOM's student-run clinic that provides free healthcare in Tyrone, PA. Its mission is to improve access to care in rural areas in central PA.

- AED sends **3 volunteers per monthly clinic** (>50 since start!)
- Volunteers assist medical students by taking patient exam notes
- Due to limited spots, please only apply if you have **strong interest in primary care and/or rural medicine.**

LionCare Clinic School Supplies Drive

Providing Necessities for Under-Resourced Communities.

Drop Off: AED Office (HUB 207, 1 Service Pt Per Donation)

Middle and High School:

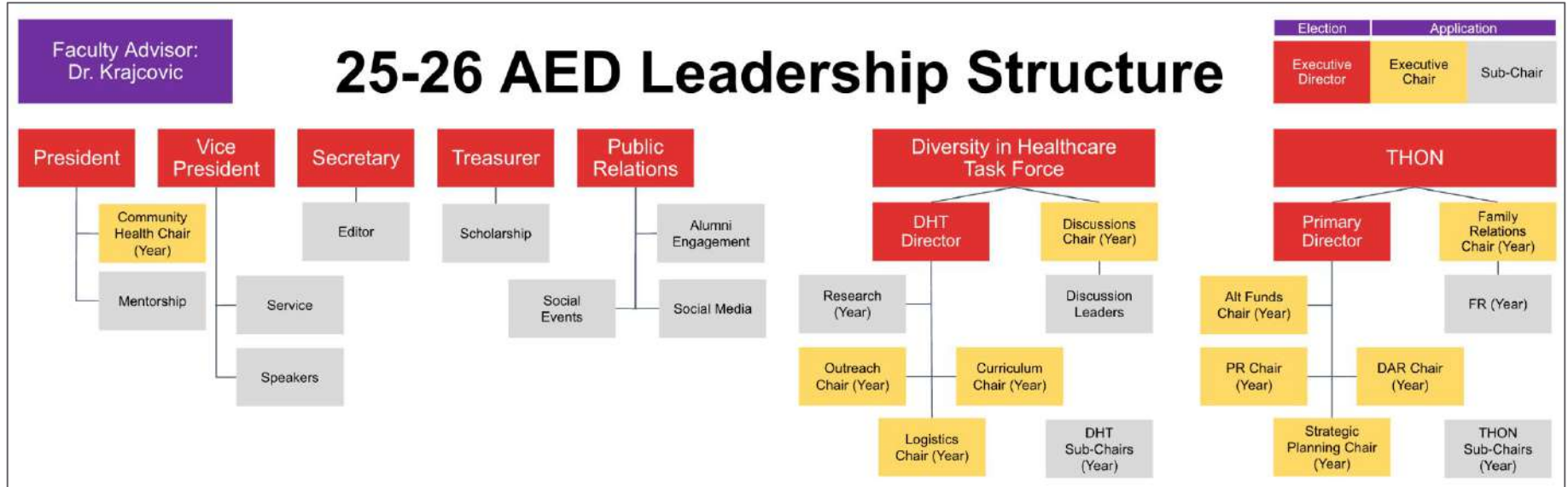
Notebooks	Pencils
Binders	Erasers
Pocket Folders	Highlighters
Pens	Pencil Cases
Calculators (4 Pt)	Backpacks (4 Pt)

Elementary School:

Notebooks	Construction Paper	Washable Markers
Pencils	Pencil Cases	
Erasers	Binders	Blunt-Tip Scissors
Folders	Colored Pencils	Lunch Box
Crayons	Glue Sticks	Backpacks (4 Pt)

25-26 Leadership

25-26 Executive Board Positions



7 Executive Director Positions → Elected
10 Executive Chair Positions → Chosen
Sub-Chair Positions → Applications

Diversity in Healthcare Task Force (DHT)

Diversity in Healthcare Conference

- Hosted annually each spring semester
 - **Sunday, March 1, 2026**
- **Goal:** To educate pre-health students about healthcare disparities and how to ideate potential solutions
- **Established:** Founded by PSU AED in 2021
- **Unique:** Only school to host this type of student-run conference



Diversity in Healthcare Conference

NEWS

Penn State students host vaccine field day to educate children

by: Leanna Wells

Posted: Oct 21, 2024 / 06:50 AM EDT

Updated: Oct 21, 2024 / 06:50 AM EDT



Penn State Students Host Vaccine Field Day to educate children.

Discussions (AED x MAPS)

- ~3 discussions per semester
- Group presentations on healthcare disparities followed by discussions

Conference

- 2 professional speakers, catered lunch, and a certificate from PSCOM

Solution Phase

- Student groups work with a BRIDGE mentor to prepare a solution proposal
- Groups will present ideas to a panel of professional judges

Implementation Phase

- Winners are awarded \$3,500 to implement their solution in Centre County during the following year

HOSPITAL/CLINIC NAME STATE COLLEGE, PA

DISCHARGE SUMMARY

Patient Name: _____ Provider Name: _____
Initial Date: _____ Discharge Date: _____

OVERVIEW

IMPORTANT RISK FACTORS

MEDICATION

Medication	Time	Purpose	Watch For

HEALTH OUTLOOK

-
-
-
- ☐ I understand my care instructions
- ☐ I have reviewed this information with my provider

WHEN TO CALL YOUR DOCTOR



DHT Executive Team



Eliana Garza
Director

Manages entire DHT
Team & Sponsors' point
of contact



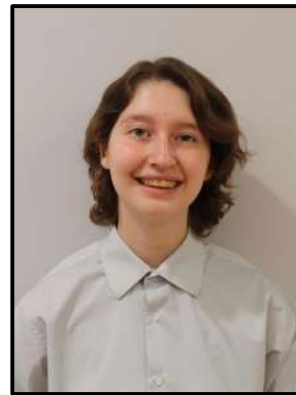
Srita Pulivarthi
Advertising

Participation and
outreach



Alyssa Dass
Curriculum

Researches topics, case
studies, and discussion
points



Mar Escarcega
Logistics

Day-of-Conference
planning



Dara I'anson
Discussions

Coordinates year long
discussion groups
related to conference
theme

THON™

25-26 THON Leadership Team



Justin Deekollu
Primary Chair



Logan Eisaman
Alternative
Fundraising Chair



Addison Firestone
Family Relations
Chair



**Isabella
Bautista-Santiago**
Strategic Planning
Chair



Siya Kakadia
Donor and Alumni
Relations Chair

What is THON?

- THON™ is the world's largest student-run philanthropy
- Raised over 17 million dollars last year
- Culminates in a 46-hour dance marathon on February 20-22
- No pediatric cancer patient at Penn State Children's Hospital in Hershey pays a single cent for their treatment



Meet our THON Families

The **CLARA** Shepps Family



Puppy "Emmie"



Fam in DC!

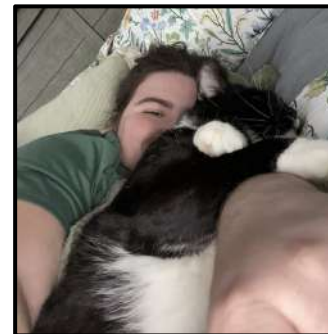
The **MARY** Torres Family



Cat "Dibs"



Crochet MASTER



AED Overview

Who We Are

- **Alpha Epsilon Delta** is a nationally recognized pre-health professions honor society
 - Pennsylvania Beta Chapter
- **All students** on the pre-health track (pre-medical, pre-dental, pre-PA, pre-PT, and more) are welcome!



What We Do

- **Your Pre-Health Toolbox:** Providing opportunities, connections, and resources to support your journeys into healthcare
- **Preparing Future Healthcare Leaders:** Holistic understanding of medicine, philanthropic involvement, exposure to health inequities, leadership opportunities, form professional and peer connections



Your Pre-Health Toolbox

